

Lehigh Cycling

presents

The 2008 ECCC MTB Season Opener

September 13 & 14, 2008

EASTERN COLLEGIATE
ECCC
CYCLING CONFERENCE





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presents

The 2008 Mountain Top ECCC MTB Season Opener

www.eccc-info.com

www.bikereg.com

Schedule

Saturday, September 13th

8:00 am	Registration opens at Iacocca Hall	
8:00 am	DH and XC practice open	
9:00 am	Men's C XC	[1 lap]
9:05 am	Women's B XC	[1 lap]
10:15 am	Men's A XC	[3 laps]
10:20 am	Men's B XC	[2 laps]
10:22 am	NORBA Open XC	[2 laps]
10:25 am	Women's A XC	[2 laps]
1:30 pm	DH #1 start (all categories)	

Sunday, September 14th

7:00 am	Registration opens at Iacocca Hall	
8:30 am	Men's C STXC	[20 min]
8:30 am	Women's B STXC	[20 min]
To follow (approx. 9:00)	Men's B STXC	[25 min]
To follow (approx. 9:00)	Women's A STXC	[25 min]
To follow (approx. 9:30)	Men's A STXC	[35 min]
w/ Men's B (approx. 9:00)	NORBA Open STXC	[25 min]
12:00 pm	DH #2 start (all categories)	

Collegiate categories are open only to current, eligible students holding USAC Collegiate licenses. Open category permitted for all NORBA license holders. One-day and yearly collegiate and open licenses will be available at registration.

Registration and Fees

XC:	\$13
STXC:	\$10
Each DH:	\$13

Teams are encouraged to pre-register on BikeReg. If this does not work, you may contact dft209@lehigh.edu for more options. Race numbers and all forms will be taken care of at the race registration, please allow time for this the day of. Pre-reg will be accepted no later than 10pm on Thursday, September 11th. Day-of registration will be available both days, with a \$5 late fee per rider.

Course Descriptions

Cross Country (XC)

The course is approximately 6 miles in length. It starts atop Lehigh's south mountain. The first ¼ mile is a fast downhill fire road, which turns quickly into a short technical single track climb. A long single track descent ensues, which is littered with rock gardens, small bridges, quick climbs and tight turns. The track continues to the bottom of the mountain, where a flowing single track section opens into a half mile fire road. This road leads into a blistering single track climb that continues up half the mountain, and dumps into a short semi-flat section of rock gardens. The final ascent includes a technical climb with switchbacks that seem to multiply each lap. Eventually you will see daylight, and return to the start

Short Track Cross Country (STXC)

The course is just shy of ½ mile in length. The start line is on a wide fire road with a gradual uphill grade. At the top of the incline, the course makes a hard left into a slalom-like downhill with fast winding turns and returns to the bottom of the fire road incline, where most of the passing will take place.

Saturday Downhill (DH #1)

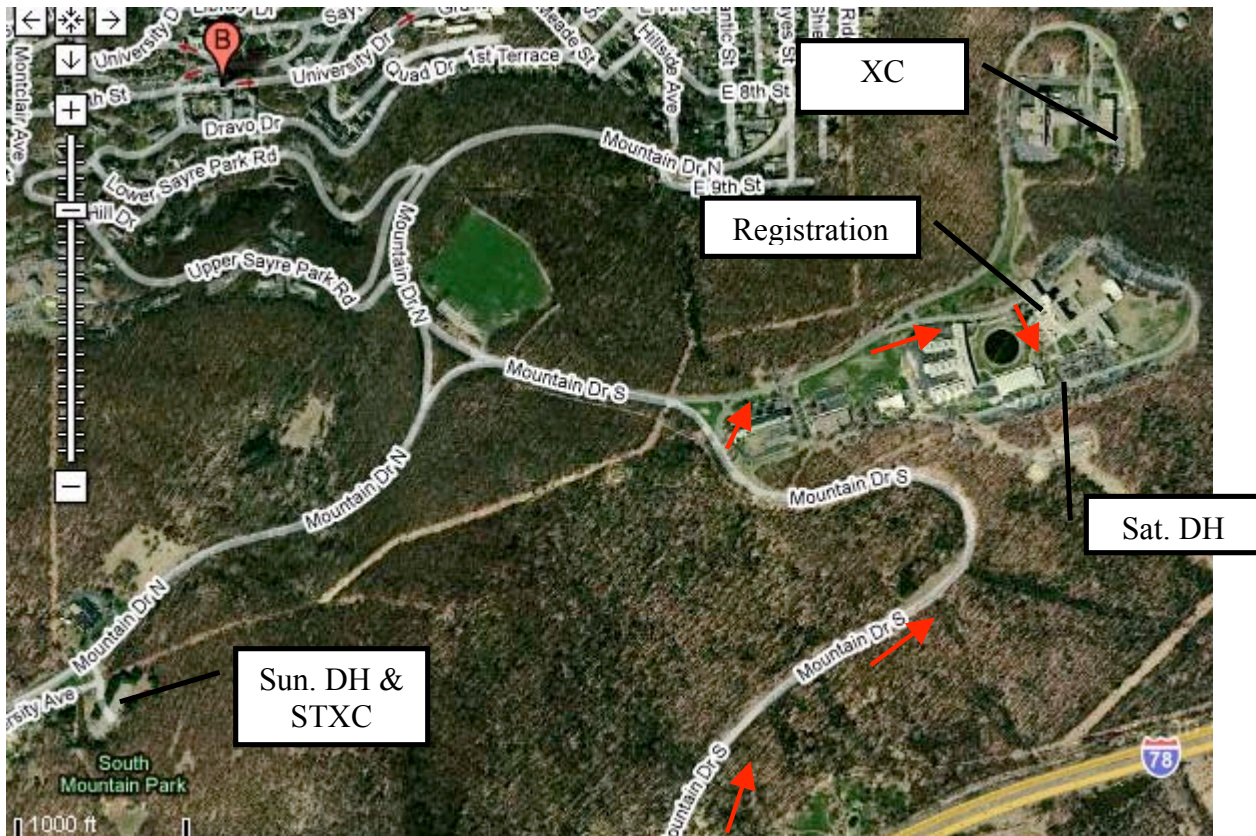
The course begins in the parking lot near registration. A steep start leads into several rolling mounds and rocky hard-pack past a small kicker. Crossing under the power lines leads to a small rocky descent into a quick left and several berms. Men's A and Open riders split off and ride a technical off-camber decent. Others cross under the power lines several more times leading to a steep descent into a wooden bridge rock gap with a right side go around. A berm leads to a quick fire road to the finish. Course

time is 2.5 - 3 minutes. Pickup is accessible by car and riders are responsible for shuttling themselves. Several shuttle vehicles will be running but space is limited.

Sunday Downhill (DH #2)

This downhill course is largely unchanged over the last several years. The middle of the course features a technical bridge drop onto a steep rocky grade, with a slower go-around. Average run time is under 3 minutes. Pickup is accessible by car and riders are responsible for shuttling themselves. Several shuttle vehicles will be running but space is limited.

Event Map and Directions



*Signs will be posted from exit ramp of I-78 to race registration * red arrows to registration

Directions to Lehigh University Mountain Top Campus

- From New Jersey: Take I-95 to I-78 West and follow below
- From Philadelphia, PA: I-476 North to I-78 East and follow below.
- From NH/MA: Take I-90 West to I-84 West; follow to I-87 South, then take I-287 South to I-78 West and follow below
- From Upstate NY/VT: I-87 South to I-287 South, then I-78 West and follow below

From I-78, take exit 67. Go straight at ramp bottom onto Silvēx Road. Pass through small tunnel, under I-78, and follow road to left at small “Y” intersection. Go straight through next stop sign and past Lehigh University Football Arena. Turn right at the “T” intersection onto Mountain Drive. Stay straight to summit of mountain.

Registration: Iacocca Hall
111 Research Drive
Bethlehem, PA 18015

Sunday Race: South Mountain Park
Parking Mountain Drive North

Medical

EMS and Lehigh University Police will be on site for all races

Lodging

Hotels are available in nearby [Bethlehem, PA](#)

Contact

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