



Presents:

UNH Kingman Cross-Country  
Classic/ Double Downhill Weekend  
September 20 & 21 2008



SATURDAY CROSS COUNTRY RACING

**The Deal:** This year marks the triumphant return of mountain biking to UNH and Kingman Farm. Following a year of on-trail construction, the course boasts several upgrades including a brand new wooden bridge section!

**The Courses:** The cross country course will be close to the classic course of year's past. It features a four and a half mile loop of fire roads, single track, open fields and a single track climb that only the most skilled riders will be able to ride up, followed by sharp downhill switchbacks on the other side of the climb.

The short track race course this year will for the first time NOT feature piles of manure! Instead we have chosen to route the course through the horticultural fields featured

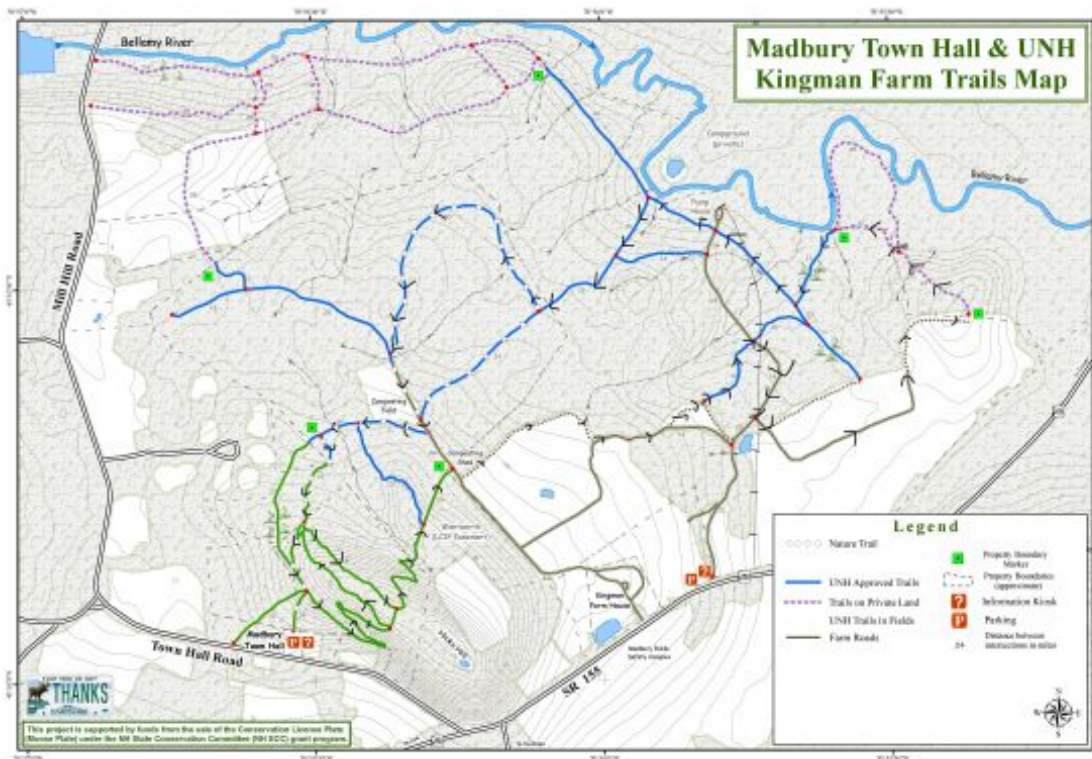
in our weekly cyclocross training series. The course however will be altered a bit to make it more challenging and mountain bike appropriate. Each loop will feature a steep decent; into a 180 degree turn back up the other side so you can stare down the competition as you make your turn.

The Prizes: Prizes will be awarded to the top three finishers in each category in each event.

The Schedule:

### Cross Country

Event	Start time	Laps	Distance
Men C	8:00	2	9 miles
Women B	8:05/follow	2	9 miles
Men A	10:15	4	18 miles
Men B	10:15/follow	3	13.5 miles
Women A	10:20/follow	3	13.5 miles



**STXC**

<b>Event</b>	<b>Start Time</b>	<b>Time</b>
Men C	2:00	20 Mins
Women B	2:00	20 Mins
Men B	2:30	25 Mins
Women A	2:30	25 Mins
Men A	3:00	35 mins

**The Directions:**

**From the north/south:**

From I-95 take Spaulding Turnpike North to exit 8W (Madbury/Route 155). Follow Route 155 for 3 miles. There will be signs indicating where to turn, which is on to an access road off of a small dirt parking lot. Parking is along that dirt road. The start/finish and registration is down that road, and in a field on the left.

**From Durham:**

Take Madbury Road to the intersection of Route 4. At the set of lights, go straight through, crossing Route 4. This will intersect with Route 155. Take a right, and follow the signs through the small dirt parking lot and park on the side of the dirt road.

**From the east:**

Take Route 4 to the intersection with Madbury road. Turn left, and follow the directions **from Durham**.

**SUNDAY'S DOWNHILL EVENTS**

**The Deal:** Just like in year's past, we have teamed up with the folks over at Highland Mountain Bike Park, in Northfield, NH to put on a special event. We are going to do things a little differently this year though. We are going to run TWO downhill events instead of having a slalom. Because we are piggybacking with the Granite State

Gravity Series, we are going to be able to have two awesome courses instead of just one! By using a wireless timing system, we are going to be able to be able to have two runs open and race two different runs back to back!

There are two courses, Threshold (expert level) and Eastern Hemlock (beginner level). Both will be open to all categories of racers on Sunday. Threshold will be available for pre-riding and all riders, especially newer riders, are strongly encouraged to pre-ride Threshold as it is quite challenging and riders will want to be aware of the marked trouble spots so they can take alternate lines or walk. The course is well-marked with warning signs, but all riders are responsible for knowing the course and their own limits.

Amateur and Pro categories are going first before the collegiate riders. When all the runs are done, Highland will move the wireless timing system over to the second trail. We will then follow the same pattern, Pros followed by Amateur followed by collegiate.

\*Highland Mountain does reserve the right to change run selection if weather becomes a factor.\*

Collegiate races will go off in the following order:

Men's C

Men's B

Men's A

[10 minute gap]

Women's A

Women's B

[10 minute gap]

Race #1 Race Trail: THRESHOLD

Race #2 Race Trail: EASTERN HEMLOCK

**Sunday, September 21st**

8:00-9:30 Registration

AM

8:00-10:30 Threshold course open for practice (racers only)  
AM

10:30-11:00 Threshold course closed for maintenance  
AM

11:00 AM Race Start- Race Order:  
Pro Men/Pro Women/Am. Women/Am. Men  
Collegiate to follow

The Eastern Hemlock Course will be run following the completion of "Threshold"

Awards for **both** races will take place approximately 1 hour after race #2 completion

**The Cost:** \$13 per race, per rider, with an additional \$35 for an all-day lift ticket.

**The Prizes** Prizes will be awarded to the top three collegiate riders in each field, in each race.

**The Directions:**

Directions are available from Highland's website @ [http://www.highlandmountain.com/visiting\\_highland/directions.php](http://www.highlandmountain.com/visiting_highland/directions.php)



### Safety:

At Kingman Farm we will have course marshalls on course with radios connected back to the onsite medical staff and the UNH Team. The race is located only about 5 miles away from Wentworth Duglass Hospital, who has been alerted to our race plans. The most technical portion of the xc race falls in an area right behind the town hall in Madbury and has easy access to the road. The technical section is about 200 yards from the road, so if an ambulance needed to get there quickly, it would be possible. the short track race is not very technical, but has easy access to road, in the event of an accident.

Highland mountain has its own bike patrol and medics that will be on site and cover the entire event. They have their own medical stations and medics that will be available for all the collegiate races. They have the equipment and means to provide excellent care to anyone on site.

## Hotels:

Although there is no official race hotel, here are some hotels in located a close to Kingman Farm:

Days Inn-Downtown Dover  
481 Central Ave.  
Dover, NH 03820  
(603) 742-0400  
(603) 742-7790 - Fax

Comfort Inn and Suites  
10 Hotel Dr.  
Dover, NH 03820  
(603) 750-7507

There are also several campgrounds located near Highland Mountain in the Tilton/ Northfield area. Some places to check out include:

Thousand Acres Campground  
1078 S Main St  
Franklin, NH 03235  
(603) 934-4440  
[thousandacrescamp.com](http://thousandacrescamp.com)

Campground at Silver Lake  
389 Jamestown Rd  
Belmont, NH 03220  
(603) 524-6289  
[onlinevacation.com](http://onlinevacation.com)

Registration will be available through [bikereg.com](http://bikereg.com) and at each race, with a \$5 late fee

If you have any questions regarding the event, please contact Jeff Lukach at [jtk4@unh.edu](mailto:jtk4@unh.edu)

also...

Live Free or Die. Seriously.

## La Festa Brick and Brew

