



NORTHEASTERN CYCLING
UNIVERSITY

presents...

The ECCC Mountain Bike Championships

Columbus Day Weekend, October 11-12, 2008

It has been one year since Sunday River reopened their mountain bike operations and the park is thriving with several new trails added to the classic New England terrain. This year, the event will be the conference finals and some exciting changes have been made: two separate downhill courses (one for C riders and one for A/B riders), brand new dual slalom and short track cross country courses, and an extended cross country loop. Enjoy an Italian buffet dinner on Saturday, another buffet dinner following the end-of-season awards on Sunday, and be sure to see if Northeastern University Cycling alum Keith Cardoza can repeat as the North American Wife Carrying Champion.





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Schedule

Saturday Oct 11th:

- 7:00 am Registration Opens at the Snow Cap Inn
- 7:30 am XC and DS Practice Begins
- 8:00 am XC Men C [2 laps]
- 8:15 am Women's B XC [2 laps]
- 10:00 am Men's A XC [4 laps]
- 10:10 am Men's B XC [3 laps]
- 10:15 am Women's A XC [3 laps]
- *12:00 pm DH Practice Begins (or whenever XC is complete)
- 1:30 pm DS Qualifying Begins (Finals to follow thereafter)
- 6:00 pm Italian buffet Dinner - information available at registration.

*Note: There will be no DH practice until noon on Saturday. Lift service will continue until 5pm.

Sunday Oct 12th:

- 7:30 am Registration Opens at the Snow Cap Inn
- 8:00 am DH Practice Begins
- 9:00 am Men's C STXC [20 min]
- to follow Women's B STXC [20 min]
- to follow Women's A STXC [25 min]
- to follow Men's B STXC [25 min]
- to follow Men's A STXC [35 min]
- 12:00 pm DH Practice Ends
- 12:30 pm DH Race Begins (All Categories including Alumni Race)
- 4:00 pm End-of-season awards begin at the North Peak base area
- 6:00 pm Buffet dinner at the Foggy Goggle

Collegiate categories open only to current, eligible students holding USAC Collegiate licenses. Alumni category permitted for all NORBA license holders. One-day and yearly collegiate and open licenses will be available on-site.





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Registration and Fees

- XC - \$13 entry (a \$4 trail pass will need to be purchased in order to pre-ride the course)
- STXC - \$10 entry
- DS - \$13 entry
- DH - \$13 entry + \$20 lift pass per day

Pre-reg will be accepted no later than Wednesday, Oct. 8th at 10pm. Each team can pre-reg at www.bikereg.com and any questions should be e-mailed to benjamin.hills85@gmail.com. Day-of registration will be open at the Snow Cap Inn from 7:00 am – 11:00 am on Saturday and 7:30 am - 11:30 am on Sunday for an additional \$5 late fee. Trail passes and lift tickets will be available day-of at a discounted rate of \$4 and \$20 respectively.

Note: A single member of each team can pick up their entire teams trail passes and lift tickets. Checks for passes and tickets purchased the day of the event can be made out to Sunday River.



- A Registration/ Saturday Dinner - Snow Cap Inn
- B XC/STXC Start/Finish - North Peak Base

- C Dual Slalom Course - North Peak
- D A/B DH Course - North Peak

- E C DH Course - North Peak
- F Sunday Dinner - Foggy Goggle Restaurant



Course Descriptions

Cross Country:

Knee-popping climbs, tight singletrack, and adrenaline pumping descents leave this XC course open to the best all-around riders. This year's course features an extended loop bringing the total course length to approximately five miles. Starting with a fast hole shot, a monster climb will quickly thin out the field. After a dizzying uphill grind, riders will be rewarded with a fun new technical singletrack traverse atop the mountain. This will be followed by a long flowing but steep descent. After catching their breath, riders will battle back up the climb to continue their remaining laps. Not for the faint of heart, this 5-mile loop will test even the fittest XC'ers. Disc brakes and oversized quads recommended!

Dual Slalom:

After last year's largely successful DS course, we decided to get huge, bringing out the excavator and a small army to design the twin tracks. You can expect sweeping berms, doubles, and tabletops followed by a series of gates to the finish. Much like the previous course, features are rideable for all ability levels, but provide challenges for the most experienced of racers. This race will be located at North Peak near the finish area of the DH events.

Short Track Cross Country:

Beginning on asphalt, the course quickly turns uphill onto fire road before diving into true New England singletrack. Expect to encounter rocky, rooted terrain that will chew up any last energy reserves before returning to the start/finish for remaining laps. Laps will be longer than last year, running about 4 minutes in length.

A/B Downhill:

A true challenge for experienced riders. This course begins much the same way as last year with a fast open section at the top of the mountain. However, the similarities end there as the first woods sections brings riders out under lift 6 where things start to get gnarly. From there, elevation drops fast as riders descend through drops, roots, and rock gardens. The next section is fast and flowy before crossing a fireroad and sending riders airborne into the final section. The burly final jump has been maintained from last year with alterations that make clearing the stream much more feasible.





C Downhill:

Fun is the name of the game here. The course begins on a wide open trail consisting of rocky ledges and plenty of line options that give riders the opportunity to go as fast or slow as they want. Riders then enter the woods onto classic Sunday River singletrack that extends nearly all the way to the finish. The terrain has plenty of roots, rocks, and other challenges but always provides slower go-around options for those new to the sport. This is a great course to try downhill on.

Directions

From Boston and Points South:

Take I-95 North into Maine. Follow I-95 / Maine Turnpike to Exit 63 / Gray for Route 26. Take Route 26 North to Bethel. Refer to Bethel directions below.

From Vermont and New Hampshire:

Take I-93 North to Exit 36 / Twin Mountain for Route 3. Take Route 3 North to Route 115 North. At the end of Route 115, go right on Route 2 East all the way to Bethel. Refer to Bethel directions below.

From Bethel, ME:

Follow Rt. 2 East for 2.6 miles. Take a left onto Sunday River Road, marked by the large Sunday River Brewery (big building with red roof). Follow Sunday River Road to a fork with a "Sunday River Ski Resort" sign. Fork left and look for signs for MTB Race. Barker Base lodge will be up a short access road to your left.

Medical

Full medical staff will be on-site for all events. Additional medical facilities are located about 30 minutes away at Steven's Memorial Hospital in Norway, Maine.





Lodging

Discounted lodging is available at Sunday River in both condo and dormitory options. Studio, one, and two bedroom condos will be available for \$88.50, \$118.00, and \$135.70 per night plus tax and resort fees. These condos are located on the mountain and are just a short ride from the race venues. Individual team reservations at the Sunday River Condos can be made by calling (800) 207-2365. Also check out the website at www.sundayriver.com/condominiums.html. Be sure to mention you are with the ECCC Mountain Bike Championships to receive the special rates.

Lodging is also available at the Snow Cap Inn and Sunday River Ski Dorms. Rooms at the Inn are available for \$76.70 per night and dorms are \$20 per person per night (including tax and fees) and are located right on the mountain.

Each dorm room sleeps 8 and has two full bathrooms.

A deposit will be required for the dorms. For dorm reservation please call Kevin at (207) 824-5895 and mention you are with the ECCC Mountain Bike Championships to receive the special rates.

**Please, only one reservation per team in either the Sunday River Condos or the Ski Dorms. Space may be limited so please make reservations as soon as possible.

Other lodging is available in the [Bethel, ME](#) area.

Contacts & Questions

If you have any questions please contact:

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