



SPIRIT OF '69



SEASON OPENER OMNIUM



MARCH 7-8, 2009



PISCATAWAY & PRINCETON, NJ



Spirit of '69 Season Opener Omnium

Hosted by **Rutgers** University Cycling & **Princeton** University Cycling

Why the "Spirit of '69"?:

Great question! In 1869, a bunch of derelict collegians from Rutgers & Princeton held the first "official" collegiate football match in history, launching both the sport as well as its first storied rivalry.

Unfortunately, the losing Princeton team was literally run out of town, ascots in hand, subsequently winning the rematch after "adjusting" the rules on their home turf.

The third and definitive match was then cancelled due to concerns over excessive emphasis on the contests rather than academics & studying, whatever those are. Look it up.

http://en.wikipedia.org/wiki/1869_college_football_season



140 years later, the Rutgers and Princeton cycling teams are hoping to rekindle the fire that ignited collegiate athletics' greatest success (e.g. football) and the intense accompanying competition, kicking things off at Rutgers, bringing it back to P-ton for the rematch, and finishing with the never-held 3rd and decisive round!

Stages:

Saturday, March 7th

Stage 1 – Johnson Park "Thrilla on the Riva" ITT

Stage 2 – Princeton Stadium Classic Criterium

Sunday, March 8th

Stage 3 – Livingston Campus Circuit Race

Scoring:

ECCC Points will be awarded in the traditional manner, as described in the Collegiate Rulebook.

Overall omnium winners for each category will be chosen on **cumulative time** for all three events, and will receive a **snazzy winner's jersey**. 10, 5, and 2 second bonuses will be awarded to top-three finishers in the Criterium and Circuit Race.

Why an "omnium"? Isn't every ECCC weekend technically an "omnium"?:

True, but we're giving away a snazzy winner's jersey.

Aren't omniums usually scored on points?

Okay, enough with the questions.

Spirit of '69 Season Opener Omnium

ECCC Spring 2009 Season Opener and Omnium: March 7-8

Eligibility:

Full time college students in good standing with the ECCC & USA Cycling.

Registration:

Participants may register for all three stages online @ [bikereg site]. Pre-registration closes 5pm March 5th. Race-day registration available at a \$5 surcharge PER event. Collegiate teams may alternatively register by sending a roster with all team participants to btholmes@princeton.edu

Pre-registration for ITT is \$10. Crit and circuit race registration are \$14 each. All events held under USAC permits. All participants must hold either a USAC yearly (\$30 collegiate; \$60 USCF) or 1-day (\$10) license, available on site. Photo-finish results for all races by Velocity Results.



Rob Zisk: racedirector@rutgerscycling.com
732-672-9432



Nick Bennette: bennette@princeton.edu
314-322-8519

To the victor,
go the spoils...

Hotness.



Lodging:

Piscataway is conveniently nestled near I-287, the Jersey Turnpike, and Route 1. Many inexpensive options are available and allow for short travel times to the ITT and CR.

Food!:

Stage 1/3:

Stage 2: The Criterium course is a short walk from downtown Princeton, which hosts a veritable cornucopia of quaint, college-town options. Head north on Washington Rd. to Nassau St., and take a right for ice cream, gyros, hoagies, and Indian / Chinese, or swing a left for even more options. We aim to have sponsor promos/freebies too.

Stage 1: Johnson Park Individual Time Trial

Course:

A flat, fast 4-mile out & back affair with two turn-arounds..

The “Thrilla’ on the Riva”

Race Contact:

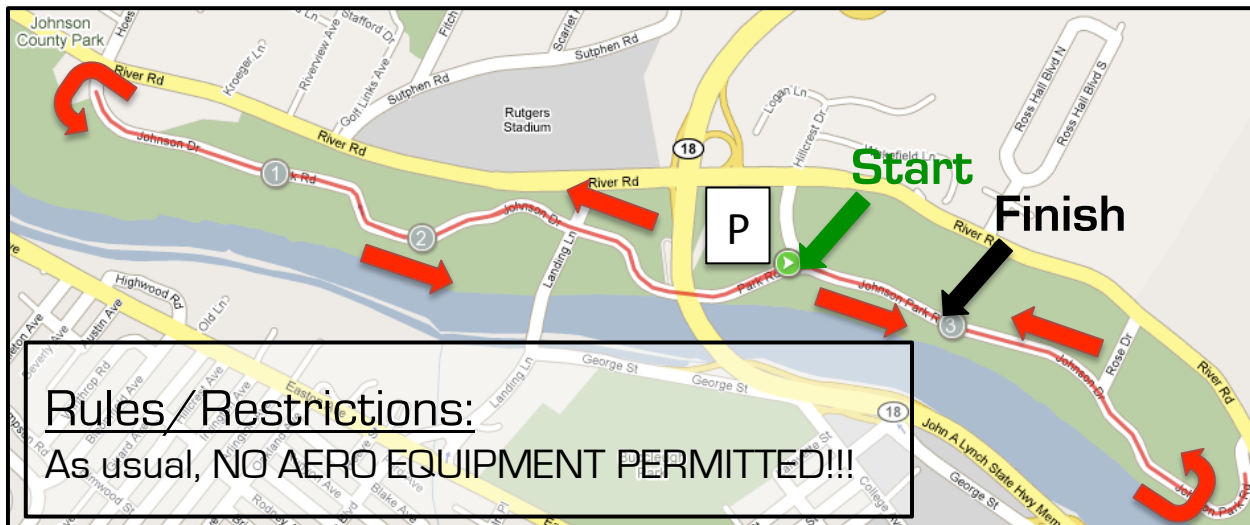
Rob Zisk: racedirector@rutgerscycling.com

732-672-9432

Schedule:

8:00 – D Men
To follow – B Women
To follow – Intro Men
To follow – Intro Women
To follow – A Men
To follow – B Men
To follow – C Men
To follow – A Women

All riders will be separated by
20 second starting intervals



Rules/Restrictions:

As usual, NO AERO EQUIPMENT PERMITTED!!!

Directions:

From Route 287 – Take Exit 9 (Highland Park); Follow River Road toward Highland Park for approximately 2 miles; Johnson Park begins on your right at Johnson Drive (4th light); There are four entrances to the park along River Road. Enter at Violet Rd just beyond Rt. 18 overpass. Park in lot immediately on right.

From Route 1 – Take exit for Route 18 North. At 3rd Traffic light, make a right onto River Road. Park runs along River Road on the right. Main entrance is on left at first light, Cedar Lane, but you should enter the park at Violet Lane and park immediately on right in large parking lot.

From NJ Turnpike – Take Exit 9 (New Brunswick) onto Rt. 18N. Follow Route 1 directions.

From Garden State Parkway – Take Exit 129 (New Jersey Turnpike); Take New Jersey Turnpike South. Follow Directions for New Jersey Turnpike.

Presented by
Rutgers Cycling.
Held under USAC
permit #2009-383



Stage 2: Princeton Stadium Classic Criterium

"Smackdown in P-town"

Course:

A fast, 4-corner 1Km circuit with a short n' steep wall

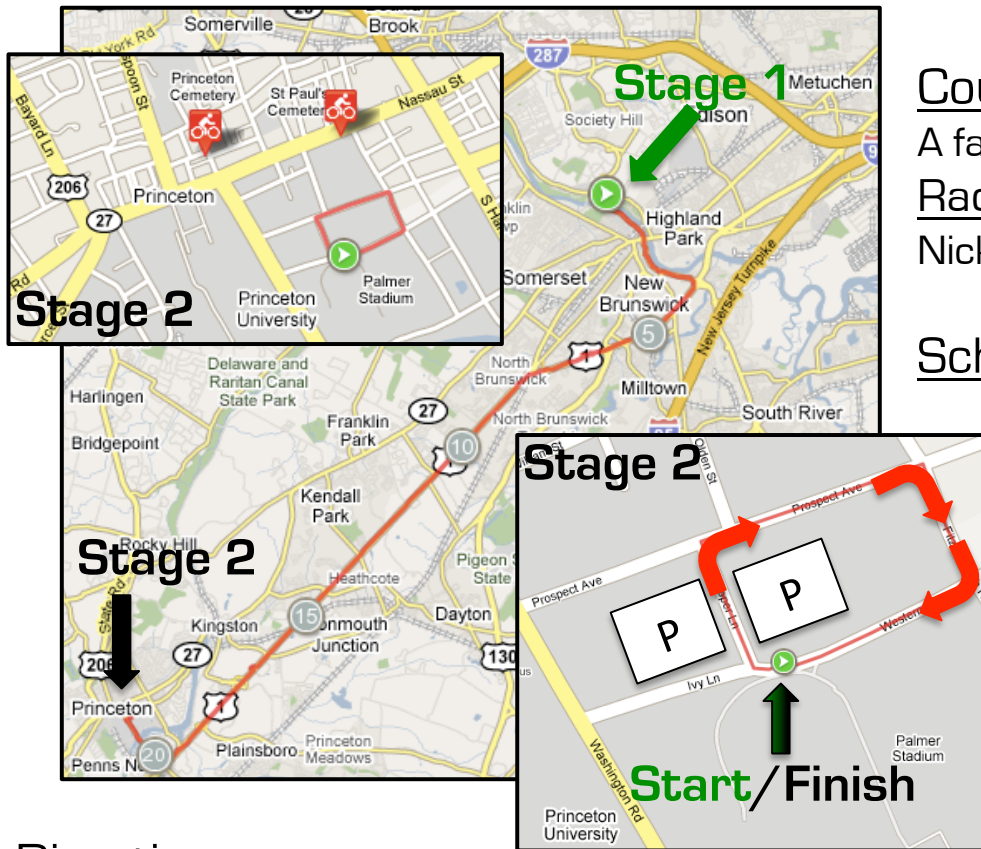
Race Contact:

Nick Bennette: bennette@princeton.edu 314.322.8519

Schedule:

11:45	-	D1 Men	-	20 minutes
12:15	-	D2 Men	-	20 minutes
12:40	-	C1 Men	-	30 minutes
1:15	-	C2 Men	-	30 minutes
1:45	-	Intro (M&W)	-	40 minutes
2:30	-	B Women	-	25 minutes
3:00	-	B Men	-	35 minutes
3:40	-	A Women	-	35 minutes
4:20	-	A Men	-	45 minutes

Presented by
Princeton Cycling.
Held under USAC
permit #2009-355



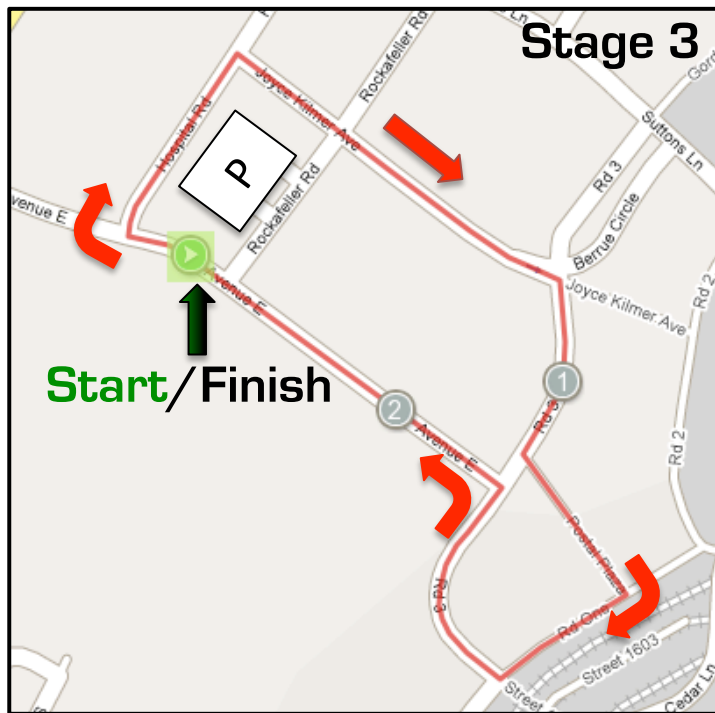
Directions:

From Stage 1 – Turn left onto River Rd. and cross under Route 18. Turn left onto Route 18 SOUTH. Follow 3 miles to Route 1 SOUTH. Stay on Route 1 for 16 miles, turning RIGHT at Washington Rd. After 1.3 miles, turn right onto Ivy Lane and follow signs for race parking. Stage 2 is approximately 30-45 minutes from Stage 1.

From NJ Turnpike – Take Exit 9 (New Bruns) to Rt. 18N. Follow signs to Route 1 SOUTH, and directions above.

From Garden State Parkway – Take Exit 129 (New Jersey Turnpike); Take New Jersey Turnpike South. Follow Directions for New Jersey Turnpike.

Stage 3: Livingston Campus Circuit Race



“Judgment Day in Piscataway”

Course:

A rolling 3 mile loop with smooth pavement ‘round campus

Race Contact: Rob Zisk: racedirector@rutgerscycling.com

732.672.9432

Schedule:

8:30	-	D Men	-	30 minutes
9:10	-	Intro (Both)	-	30 minutes
9:50	-	C Men	-	45 minutes
10:45	-	B Women	-	45 minutes
11:40	-	B Men	-	60 minutes
12:50	-	A Women	-	60 minutes
2:00	-	A Men	-	80 minutes

Directions:

From Route 287 – Take Exit 9 (Highland Park) onto River Rd. Follow River Road toward Highland Park for approximately 2.5 miles; Make a left on Metlars Lane (Rt. 18 N/609); Go for approximately 1-1.5 miles and make a right onto Davidson Road towards Livingston Campus. Follow the signs to the parking lot and registration.

From Route 1 – Take exit for Route 18 North. After crossing the Raritan River and River Road, 18 North turns into Metlars Lane (609); continue on Metlars lane for about 1-1.5 miles and make a right Davidson Road towards Livingston Campus. Follow the signs to the parking lot and registration.

From Garden State Parkway – Take Exit 129 (New Jersey Turnpike); Take New Jersey Turnpike South. Follow directions for New Jersey Turnpike.

From NJ Turnpike – Take Exit 9 (New Brunswick). Follow directions for Route 1.

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