
UNH
Live Free
or *Ride Harder*

Saturday
April 28, 2012
Strafford, NH

Sunday
April 29, 2012
Durham, NH

USA Cycling permit #2012-1133



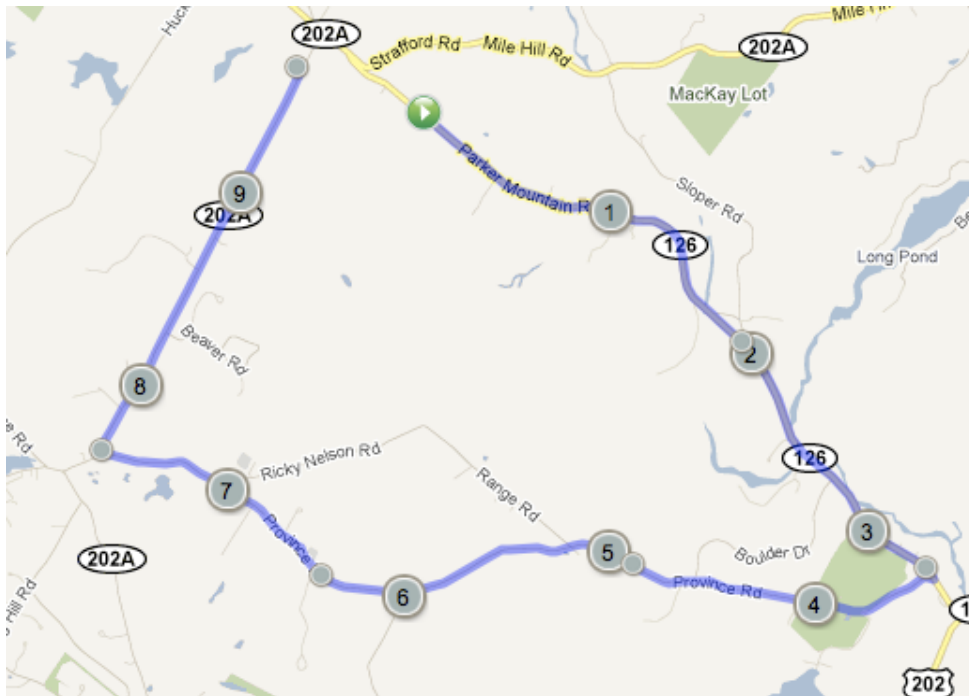
Contacts:

Bella Oleksy
bellaoleksy@gmail.com
978-319-0933

Patrick Galvin
patrickfgalvin@gmail.com
508-769-2289

Saturday Morning Team Time Trial

\$20 per team



TTT

10 miles

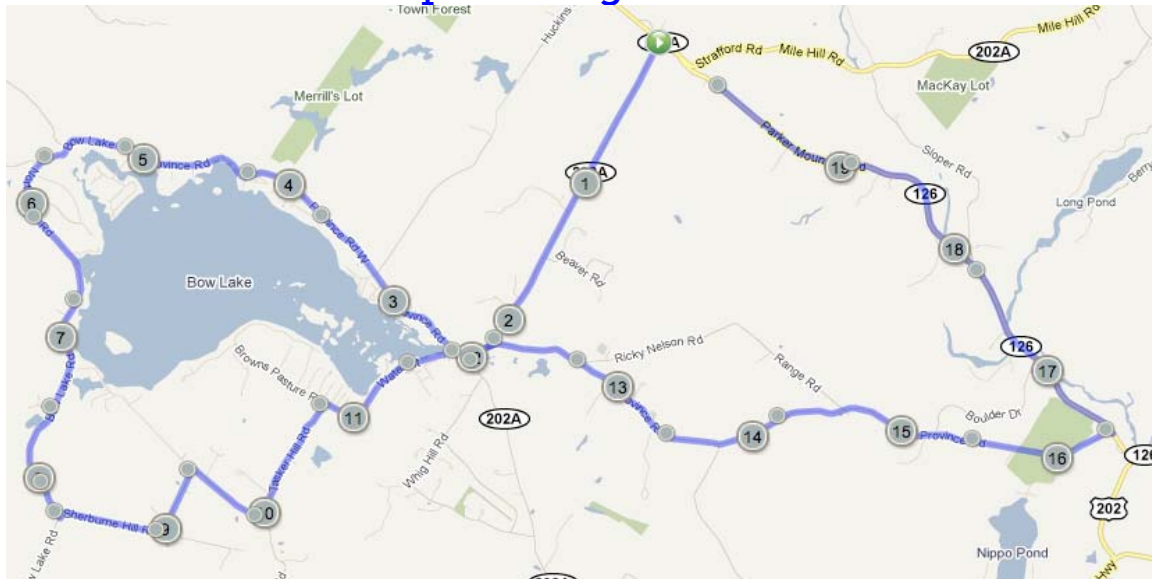
8:00
To Follow

Men D
Women C
Men Intro
Women Intro
**5 minute
break**
Men A
Men B
Men C
Women A
Women B

This challenging 10 mile course starts on a long down hill, with a sharp right turn uphill past the golf course. The rolling hills continue to the finish in front of the school. Riders must respect the yellow line rule throughout the entire loop.

Saturday Road Race

\$15 per collegiate racer



<http://www.mapmyride.com/routes/view/25623698>



This classic course is a 20-mile loop with a start at the top of a hill next to an elementary school. The course runs counter-clockwise around Bow Lake, and then over to a golf course in a figure eight pattern. This course combines steep climbs, gradual hills as well as several flat sections. Riders must respect the yellow line rule throughout the entire course.

*Intro racers will meet at the staging area 30 minutes prior to the start of their race for an off-course clinic.

Road Race

10:00	Men D1	2 laps/ 40 miles
10:05	Men D2	2 laps/ 40 miles
10:10	Women C	2 laps/ 40 miles
10:11	Men Intro *	1 lap/ 20 miles
10:12	Women Intro *	1 lap/ 20 miles
12:30	Men A	4 laps/ 80 miles
12:35	Men B	3 laps/ 60 miles
12:40	Men C1	2laps/ 40 miles
12:45	Men C2	2laps/ 40 miles
12:50	Women A/B	3 laps/ 60 miles

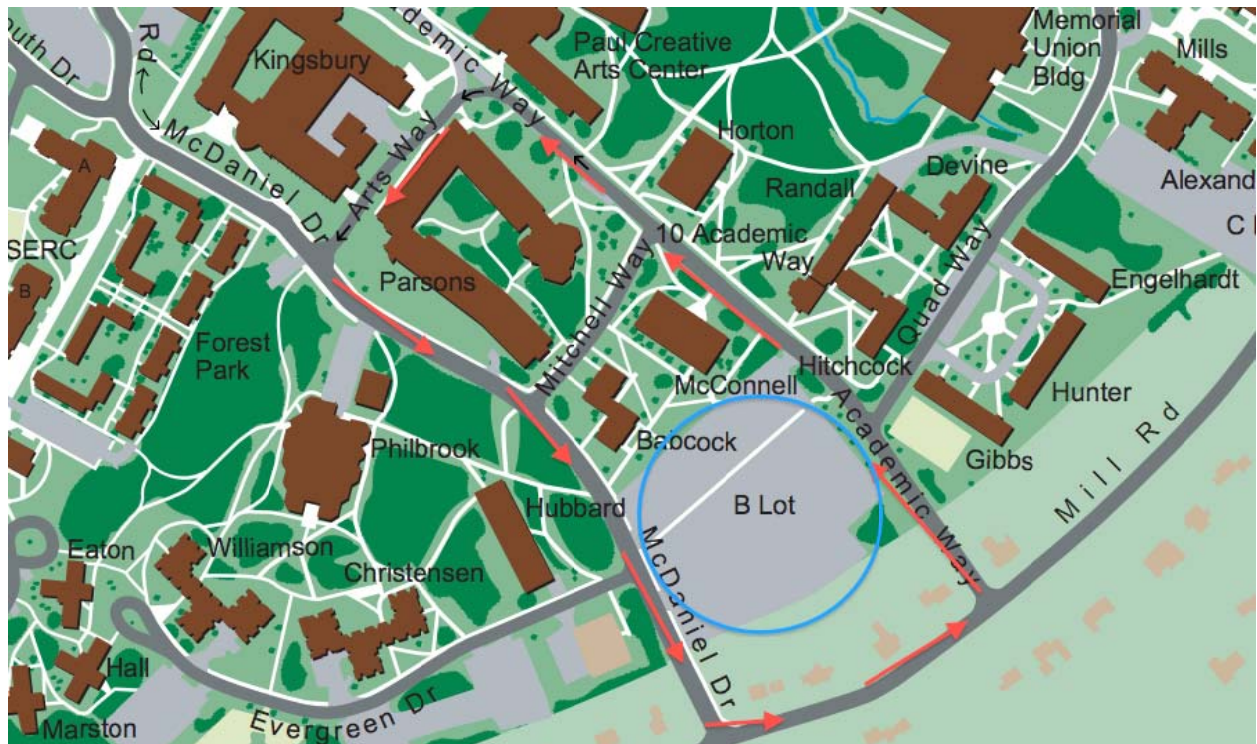
Sunday Criterium

\$15 per collegiate racer

\$30 per USAC racer

Start	Category	Time	
8:00am	Men DI	25 min	This is a textbook classic flat, 1K, 4-corner criterium that runs right through the heart of campus by many of the main dorms and academic buildings. There is a wide start/finish area, finishing on a false flat. The course is within 5-minute walk from all of our downtown vendors as well as 2 dining halls (open to public).
To follow	Men DII/HS Boys Cat 5	25 min	
To follow	Men CI	35 min	
To follow	Men CII/HS Boys Cat 4-5	35 min	
To follow	Men's Intro/HS Boys Citizen	20 min	
To follow	Women C/HS Girls Cat 4	35 min	
To follow	Women Intro/HS Girls Citizen	20 min	
To follow	Kids (4-6) races	20 min	
To follow	Men B/HS Boys Cat 3-4	45 min	
To follow	Women A/B/HS Girls Cat 1-3/3-4	50 min	
To follow	Men A/HS Boys Cat 1-3	60 min	
2:45 pm	USAC Women 4	35 min	
3:20 pm	USAC Men Masters 35+	45 min	
4:10pm	USAC Men Pro/1/2/3	60 min	

The University of New Hampshire Cycling Team reserves the right to cancel and refund entry fees if less than 30 riders are pre-registered for each USAC non-collegiate event (Men Pro123, Men Masters 35+ and Women 4) by Thursday April 26th at 8pm EST. Cash prizes and primes will be offered for all USAC races.



Saturday Directions

From west - From I-93, take exit for I-393 towards route NH-4 and NH-9. At the traffic circle, take the 3rd exit onto NH-28 N/Rockingham Rd N/Suncook Valley Rd. Follow for ~10 miles. Turn right on NH-126 and follow for 11 miles. Turn right on Rollercoaster Rd, parking on right.

From east - Take I-95 to NH-4. At the traffic circle, take the 1st exit onto NH-125 N/Calef Hwy. After 4.5 miles turn left at NH-9 W/Franklin Pierce Hwy W/Littleworth Rd after. At the end of the road, turn right on U.S. 202 E, and then take your 2nd left onto NH-126 N. After 4 miles, turn left on Rollercoaster road, parking is on the right.

GPS - Intersection of Rollercoaster Rd. (202A) and Parker Mountain Rd (NH-126), Strafford, NH

Parking at the Strafford School on Rollercoaster Rd.

Sunday Directions

From west – From Rt 4 east, take the 155A exit for Durham. Take a right and follow main street into the heart of campus. At the lights, turn right on college road and follow signs for bike race.

From east – From 95 take exit for Spaulding Turnpike/Rt 16. Take exit 6W to merge onto Rt. 4 west. Take NH-108 exit and turn left. Turn left at lights onto 108 south, then take first right on Mill Pond Rd. Right on Faculty Rd, left on Mill Rd, and first right on Academic Way.

GPS –15 Academic Way, Durham, NH

Parking in B Lot, overflow parking in C lot (view campus map¹)

¹ <http://www.unh.edu/ece/images/CP/croppedmap-July%202011-color.pdf>

Other Important Info

Collegiate categories are open only to full time students with valid USAC Collegiate licenses. High School participants must be registered with a recognized USA Cycling High School club and be in good standing in order to participate. **New non-collegiate women racers with 1-day or first time Category 4 licenses may enter Collegiate Women's Intro category.** USA Cycling Collegiate & general yearly and 1-day licenses available for sale on site.

Pre-Registration is available on-line at BikeReg.com, where service charges might apply. Registrations not received before 10:00 pm on April 26, 2012 will incur a \$5 per rider per event

late fee. Large ECCC Teams (>15 riders) may submit a spreadsheet with the following information: Rider Name, USAC License Number, Race Category and Races being entered for each rider. This spreadsheet must be received by 10:00 pm on April 26, 2012 sent to James Kennedy (jpk48@unh.edu) in order to avoid a \$5 late registration fee per rider per event.

Registration opens 1 hour before the start of the first scheduled race and ends 30 minutes before the start of each race.

Promoter is not required to refund pre-registration in an event of an unforeseen cancellation.

Lodging:

Holiday Inn Express
2 Main St.
Durham, NH
(603) 868-1234

Microtel Inns And Suites
31 Webb Place
Dover, NH
(603) 953-0800

Hampton Inn
9 Hotel Drive
Dover, NH
(603) 516-5600

* Ask for IDOTHECB
rate, 20% off rooms

Medical: Strafford ambulance on-site with service to Wentworth-Douglass Hospital in Dover, NH and to Frisbie Memorial Hospital in Rochester, NH.

Wentworth Douglass Hospital
789 Central Ave, Dover, NH
603-742-5252

Frisbie Memorial Hospital
11 Whitehall Rd, Rochester, NH
603-332-5211

AWARDS BANQUET



La Festa Pizzeria will be providing the ECCC with a delicious Italian feast on Saturday night to fill your empty bellies after the long road race. The awards banquet will be held from approximately 6:30-8:30pm at the Oyster River High School in Durham, NH. The address for the event is: 55 Coe Drive, Durham, NH 03824. **Tickets at \$10 by pre-registration, and \$12 at the door.** Dinner, refreshments, and dessert provided.

Directions from Strafford School:

Take NH-126 S/Parker Mountain Road. Turn right on NH-202 W then turn left on NH-9 E. Follow NH-9 until intersection with NH-125. At the traffic circle, take the 3rd exit onto US-4 E/Concord Rd. Turn right at Madbury Road Lights onto Madbury Rd. Take the 1st left onto Emerson. Continue onto Bagdad Rd. Turn right onto Coe Dr.

EASTERNS T-SHIRTS



T-shirts will be on sale Saturday and Sunday in navy blue and hot pink. Prices are 1 for \$12 or 2 for \$20. Get them while they last!

Thank you to our sponsors!

