



# XPot 4.0: Presented by MIT Cycling

Princeton, Westminster & Sutton, MA  
March 29- 30, 2014

Held under USAC Cycling Event Permit



## Schedule of Events

Saturday, March 29						Sunday, March 30		
Mt. Wachusett Individual Time Trial			Westminster Criterium			Purgatory Road Race		
Field	Start	Distance	Field	Start	Distance	Field	Start	Distance
Men D	8:00 AM	4.9 miles	Men D Div 1	11:30 PM	30 min	Men D Div 1	9:30 AM	22 miles
Women C	to follow	4.9 miles	Men D Div 2	to follow	30 min	Men D Div 2	9:35 AM	22 miles
Women D	to follow	4.9 miles	Women D	to follow	30 min	Men Intro **	9:37 AM	22 miles
Men Intro	to follow	4.9 miles	Men C	to follow	40 min	Women Intro**	9:39 AM	22 miles
Women Intro	to follow	4.9 miles	Men Intro **	to follow	20 min	Women A/B	11:00 AM	44 miles
5 minute break			Women C	to follow	40 min	Women C/D	11:05 AM	33 miles
Men A	to follow	4.9 miles	Women Intro**	to follow	20 min	Men A	2:00 PM	66 miles
Men B	to follow	4.9 miles	Men B	to follow	50 min	Men B	2:05 PM	55 miles
Men C	to follow	4.9 miles	Women A/B	to follow	50 min	Men C	2:10 PM	33 miles
Women A	to follow	4.9 miles	Men A	to follow	70 min			
Women B	to follow	4.9 miles						

\*\* Intro riders will meet at either Westminster Elementary School (Saturday, crit) or Sutton High School (Sunday, RR) 30 minutes before race for clinic; listen to race announcements for details.

**Contact Info:** Stefanie Sydlik, 610-442-5617, [racepromoter@mit.edu](mailto:racepromoter@mit.edu), <http://cycling.mit.edu/xpot>

Collegiate fields are open only to full time collegiate students with valid USAC Collegiate licenses and full time high school students with valid USAC Junior licenses. Jerseys and bibs for all such riders must feature school names and/or logo, or be generic blank kits; non-scholastic club and trade team kits are not permitted. In addition, new non-collegiate women racers with 1-day or first time Category 4 licenses may enter Collegiate Women's Intro fields. USA Cycling licenses available for sale on-site. Consult the ECCC website at <http://collegiatecycling.org/eccc> for more information on categories, eligibility, licensing, and other general questions.

**Registration Fees:** Individual Time Trial - \$10, Criterium - \$20, Road Race - \$20.

Pre-Registration is available on-line at BikeReg.com, where service charges might apply. Registrations not received before 5pm on March 27th will incur a \$5 per rider per event late fee. Large ECCC Teams may submit a spreadsheet with the following information: Rider Name, USAC License Number, Race Category and Races being entered for each rider. This spreadsheet must be sent to [eccc.road@gmail.com](mailto:eccc.road@gmail.com) and received by March 27th at 5pm in order to avoid a \$5 late registration fee per rider per event.

Registration is located at the Thomas Prince School (Saturday am), Westminster Elementary School (Saturday pm), or Sutton Memorial High School (Sunday). It opens 1 hour before the start of the first scheduled race and ends 15 minutes before the start of each race.

Promoter is not required to refund pre-registration in an event of an unforeseen cancellation.

**Medical:** A stand-by ambulance will be present, along with on-course EMT for the road race. The nearest hospital for Saturday's races is Clinton Hospital, 201 Highland Street, Clinton MA 01510, 978-368-3000. On Sunday, the nearest hospital is St. Vincent Hospital, 123 Summer Street, Worcester MA 01608, 508-363-5000.

**ECCC Host Housing:** Sign up as a host housing guest or provider via forms on the calendar at <http://collegiatecycling.org/eccc/calendar>. Contact the host housing coordinator Rose Long at [rose.long@mssm.edu](mailto:rose.long@mssm.edu) with any questions. All host housing recipients are required to marshal during the weekend's races.

**Directions to ITT:  
(Thomas Prince School)**

For GPS directions, use Bullard Rd. & Sterling Rd., Princeton MA 01541

From east: Head west on I-290W. Take exit 19 to merge onto I-190N toward MA-12/ Fitchburg. Take exit 5 for MA-140N. Turn left onto MA-140 N/ Redemption Rock Trail (2.3mi). Turn left onto MA-62W/ Princeton Rd. (1.9 miles)

From west: Head east on MA-2E. Take exit 25 for Mass. 2A W towards Princeton. Turn left onto MA-140S/ Hager Park Rd. Follow MA-140S for 9 miles. Turn right onto MA-62W/ Princeton Rd (1.9mi).

From north: Head south on MA-140S. MA-140S merges with MA-2E via the ramp to Princeton/ Fitchburg. Take exit 25 for Mass. 2A W towards Princeton. Turn left onto MA-140S/ Hager Park Rd. Follow MA-140S for 9 miles. Turn right onto MA-62W/ Princeton Rd (1.9 mi).

From south: Head north on I-190N. Take exit 5 for MA-140N. Turn left onto MA-140S/ Hager Park Rd. Follow MA-140S for 9 miles. Turn right onto MA-62W/ Princeton Rd (1.9 mi).

**Lodging:** Nearby hotels and motels that are available close to the race venue are the following:

- Econo Lodge Inn & Suites, 380 Southwest Cutoff, Northborough MA, www.econolodge.com, 508-842-8941  
**Special group rate of \$70/ night for rooms of 4 people. Just mention MIT Cycling while booking.**

**Call for Volunteers!** Sign up to volunteer while you're not racing and earn a **free race t-shirt** and lunch! Volunteers are needed both days. Email [racevolunteer@mit.edu](mailto:racevolunteer@mit.edu) for more info and to sign up.

**ITT Course Description and Map:** The course starts at the Thomas Prince School on Sterling Rd and climbs steadily upward for around 2 miles before taking a slight right onto Merriam Rd, here, the steady rise gives way to downhill during which racers can gather speed for the final climb. After the course heads upward again, racers turn right on Mountain Rd to head for the finish. Total distance is **4.9 miles** (same as 2013 course). The town of Princeton would like us to remind riders that you must yield to emergency vehicles and ensure they can pass quickly and safely. **No aero equipment (USAC mass start legal only) allowed.**

**Directions to Criterium:  
(Westminster Elementary School)**

For GPS directions, use Leominster St. & Worcester Rd., Westminster MA 01473

From east: Head west on MA-2W. Take exit 25 for Mass. 2A/ MA-140S towards Westminster/ Princeton. Turn right onto MA-140S/ Mass. 2A W. Take the 1<sup>st</sup> right onto Mass. 2A W/E Main St. Turn left onto South St.

From west: Head east on MA-2E. Take exit 25 for Mass. 2A W/E Main St. towards Princeton. Turn left onto South St.

From north: Head south on MA-12S/ Main St. Turn right onto Mass. 2A W/E Main St. Turn left onto Mass. 2A W/E Main St. Turn left onto South St.

From south/ ITT course: Head south on MA-62E/ Princeton Rd. Turn left onto MA-140N/ Worcester/Providence. Turn right and merge onto MA-146S/ Worcester-Providence Turnpike. Turn right onto Boston Rd. & proceed for 2 miles.

**Directions to TTT/Road Race:  
(Sutton High School)**

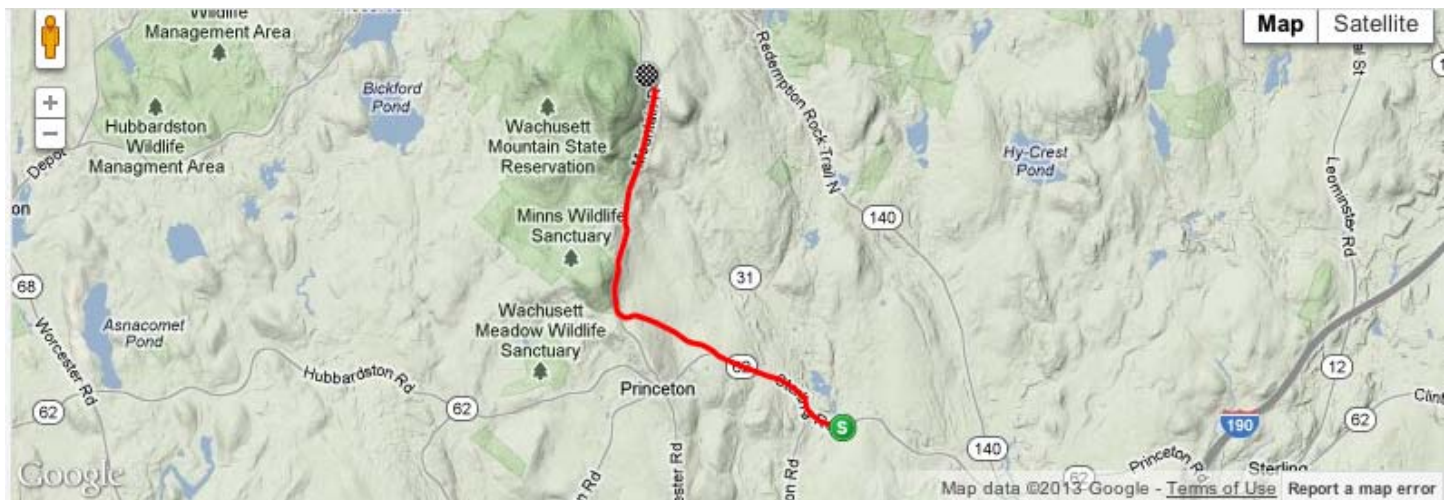
For GPS directions, use Boston Rd. & Putnam Hill Rd. Sutton MA 01590

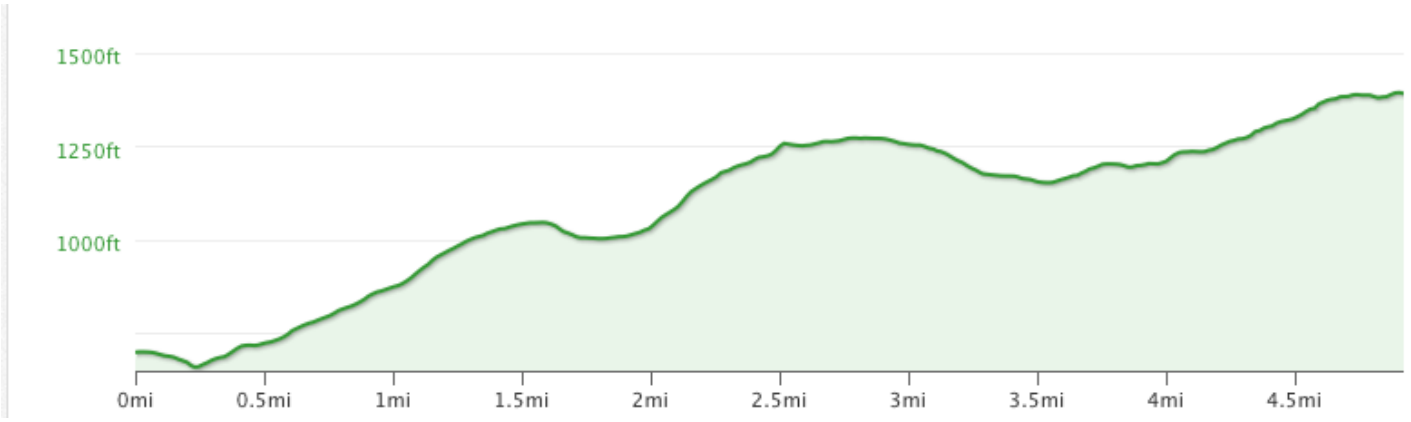
From east: Head west on I-90W. Take exit 10A towards US-20/MA-146/ Worcester/Providence. Turn right and merge onto MA-146S/ Worcester-Providence Turnpike. Turn right onto Boston Rd. & proceed for 2 miles.

From west: Head east on I-90E. Take exit 10A towards US-20/MA-146/ Worcester/Providence. Turn right and merge onto MA-146S/ Worcester-Providence Turnpike. Turn right onto Boston Rd. & proceed for 2 miles.

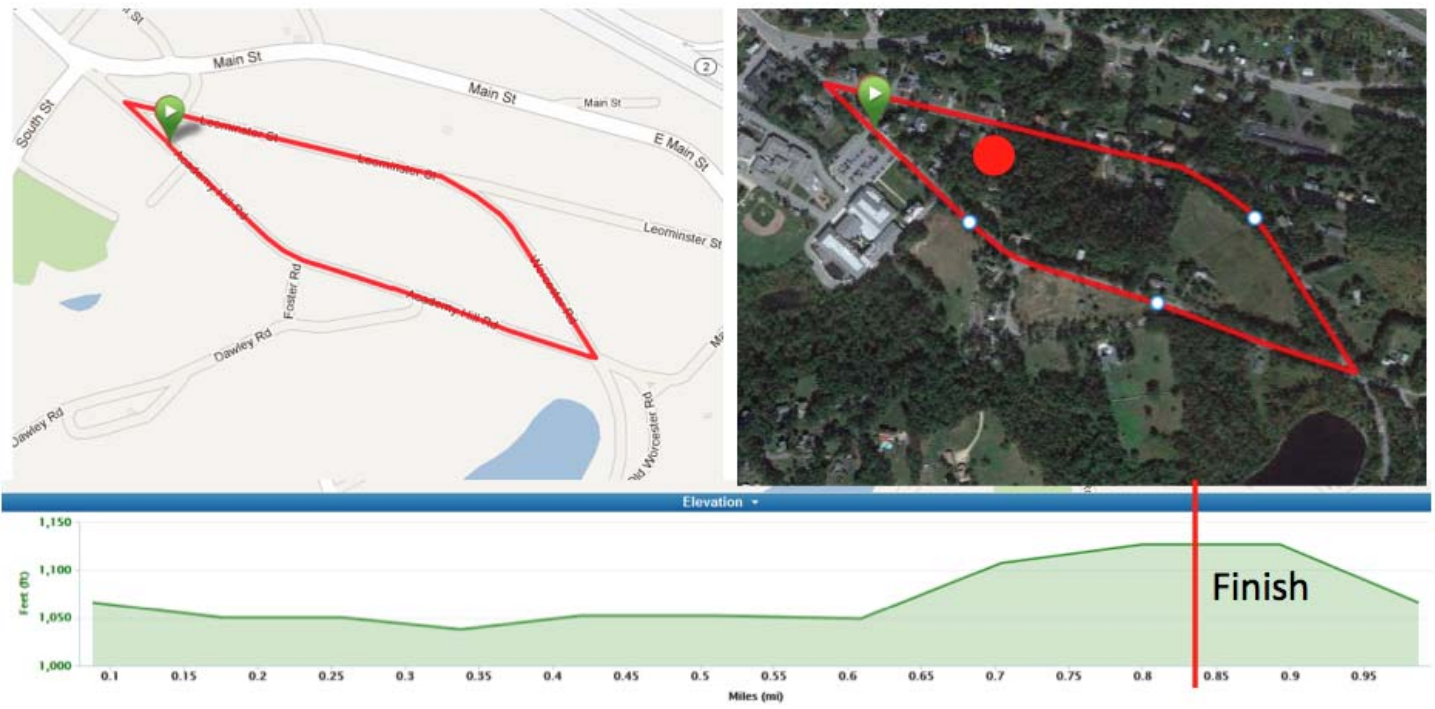
From north: Head south on I-190S. Keep right at the fork and follow signs for I-290W. Take exit 12 to merge onto MA-146S/ Worcester-Providence Turnpike. Turn right onto Boston Rd. and proceed for 2 miles.

From south: Head north on US-20/MA-146/ Worcester/Providence. Turn right and merge onto MA-146S/ Worcester-Providence Turnpike. Turn right onto Boston Rd. & proceed for 2 miles.

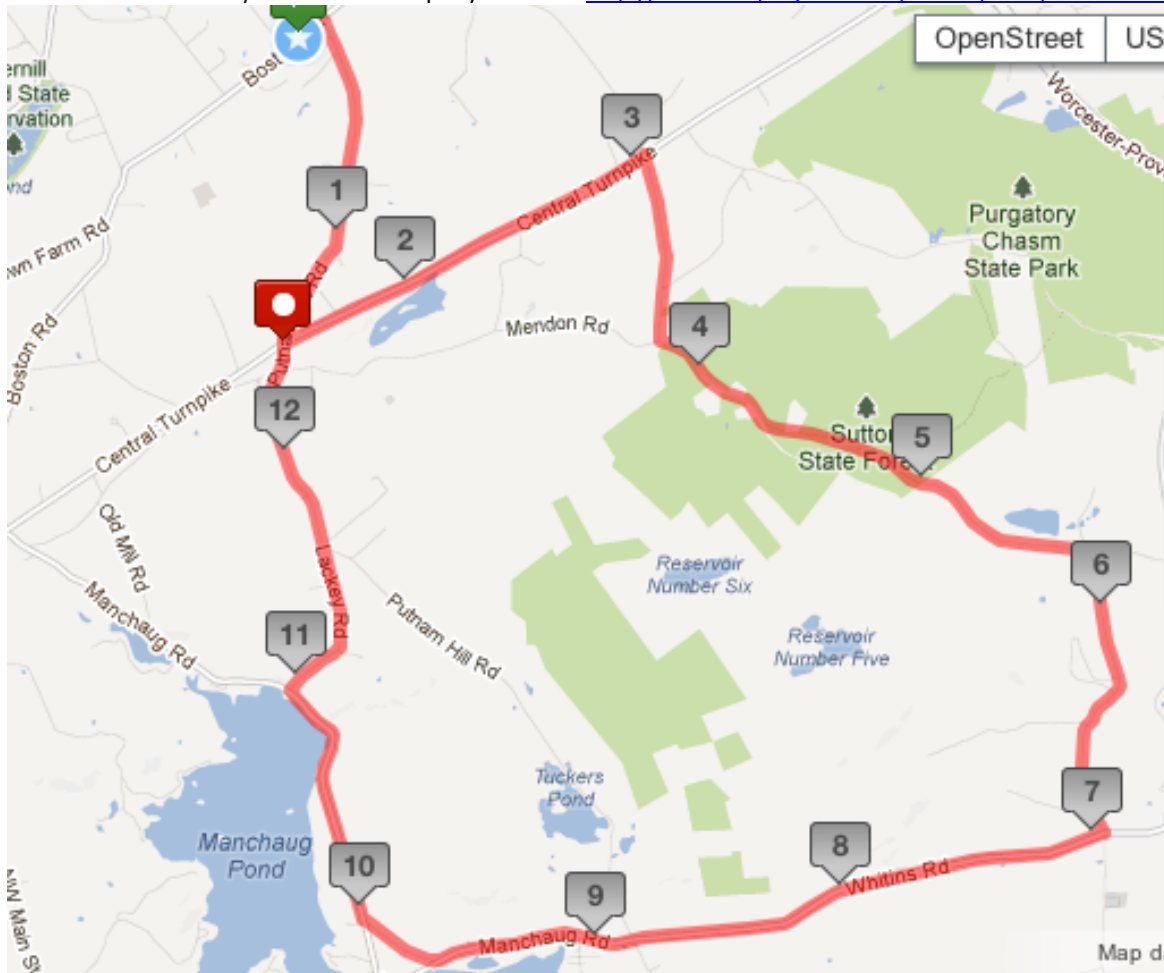




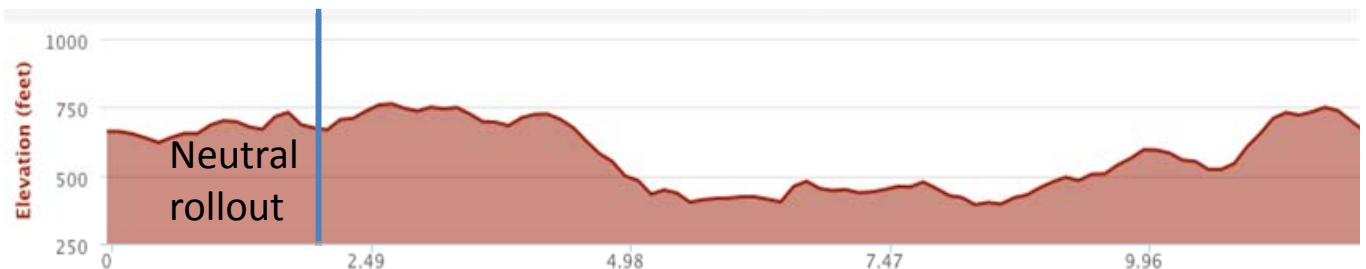
**Criterion Course Description and Map:** The course starts just before the parking and registration area by Westminster Elementary school, and includes two sharp right turns to add excitement and a good climb to keep your legs burning.



**Road Course Description and Maps:** The circuit race is a hilly 11 mile loop through Purgatory Chasm and the Sutton State Forest, which is the same course used for the Purgatory Road Race. The race will start with a 1.5 mile neutral roll out along Putnam Hill Road. Traffic will be restricted on Lackey Rd and Menden Rd, but all other roads will be open to traffic and, the yellow line rule will be in effect. For the A and B races ONLY, a feed zone will be set up. Feed zone location will be on Central Turnpike immediately after the right turn off of Putnam Hill Road (marked on the map with an "F"). The feed zone will span the length of the Central Turnpike entrance of the abandoned Blue Jay Restaurant. Map my ride link: <http://www.mapmyride.com/routes/view/166771196>



Error!  
Refer  
ence  
sour  
ce not  
found



Presented with support from....



**LANDRY'S**  
**BICYCLES**

**SINCE 1922 • LANDRYS.COM**

*ANNA'S*  
*TAQUERIA*

*Burritos & Tacos To Go!*

And MIT Cycling Sponsors...



Thoughtforms Corporation  
BUILDERS

**Schlumberger**

