

RIT's Steep and Deep Weekend

September 19th & 20th 2015

Plattekill Mountain

469 Plattekill Rd, Roxbury, NY 12474



Saturday: XC and DH

Sunday: STXC and DH

EASTERN COLLEGIATE
ECCC
CYCLING CONFERENCE



PLATTEKILL
bike park

Race Promoter: Ian Gielar

img8356@rit.edu 603-762-9153

Co-Promoter: Andrew Lints

asl8545@rit.edu 617-733-0026

USAC Permit #: ***Pending***

REGISTRATION:

Pre-registration will be available on [BikeReg](#). Day-of registration open's at 7:00am. Closes 15 min before Race Category Start. DH Registration Closes at Noon. Any registration not received before 11:59 pm on Thursday September 17th will incur a \$5 Day-of late fee.

As usual a 2015 USAC collegiate license is required. Day-of licenses will be available for \$10/day.

LIFT TICKETS:

Lift tickets for the weekend will cost \$35. This will cover both days of DH racing and practice.

SCHEDULE OF EVENTS:

<u>XC</u> -\$15				<u>DH</u> -\$15	
TIME	FIELD	LAPS	DISTANCE (mi)	TIME	FIELD
8:00AM	MEN'S C	2	8	9:00 AM	PRACTICE OPEN
TO FOLLOW	WOMEN'S B	2	8	1:00 PM	COURSE CLOSED
10:15AM	MEN'S A	4	16	1:15 PM	RACING START - MEN'S C
TO FOLLOW	MEN'S B	3	12	5 MIN DELAY	MEN'S B
TO FOLLOW	WOMEN'S A	3	12	5 MIN DELAY	MEN'S A
				5 MIN DELAY	WOMEN'S A
				5 MIN DELAY	WOMEN'S B
				SECOND RUNS TO FOLLOW, USING SAME START ORDER	

SUNDAY SEPTEMBER 20TH					
<u>STXC</u> -\$15			<u>DH</u> -\$15		
TIME	FIELD	LENGTH (MIN)	TIME	FIELD	
8:30AM	MEN'S C	20	9:00 AM	PRACTICE OPEN	
TO FOLLOW	MEN'S B	25	1:00 PM	COURSE CLOSED	
TO FOLLOW	WOMEN'S B	20	1:15 PM	RACING START - MEN'S C	
TO FOLLOW	WOMEN'S A	25	5 MIN DELAY	MEN'S B	
TO FOLLOW	MEN'S A	35	5 MIN DELAY	MEN'S A	
TO FOLLOW	TEAM RELAY	25	5 MIN DELAY	WOMEN'S A	
			5 MIN DELAY	WOMEN'S B	
			SECOND RUNS TO FOLLOW, USING SAME START ORDER		

COURSE DESCRIPTIONS:

XC:

An aggressive uphill start on double track will make room for passing before the riders leave the exposed ski hill and tackle a punchy technical single track climb mixed with sections of double track. A relentless ribbon of singletrack will offer racers multiple lines over and around technical features before they summit the first peak. Riders will then traverse to the second peak before descending. Technical single track with some features await riders as they point their bars downhill. Watch for signs and arrows marking technical features and the roll-around routes as you descend some of the funnest flowiest trails the Catskills have to offer. Expect about 1100' of climbing per 4 mile lap but leave your semi-slick tires and rigid seat posts at home for this challenging course that will convince you that a second (or fourth) lap is worth it.

STXC:

An uphill fire road start will spread out the field into a quick double track descent that turns into a fun, fast, and technical single track descent (previewed in Saturday's course) that will challenge even the most fearless of riders. Classic Plattekill shale and a small rock drop for the daring bring riders back to the fire road for another lap of this roller coaster course.

DH #1 *

Starting at the top of the triple lift, riders will spin through a flowy upper section complete with drops and a double before descending to a park-inspired section below. Expect a series of drops and berms that will leave you with a smile from ear to ear before pedaling under the lift. A flat high speed turn right before the finish will reward the cautious rider with plenty of side knobs. Expect 2+ minute run times

Dh #2 *

Following the same start as the top of the day 1 track, riders plunge into some of the most "hardcore" features the mountain has to offer**. Multiple A and B lines will reward the brave. There will be a "C" line that by-passes this section though will add ~20 seconds to run time. A fast technical lower section will bring racers back under the lift and to the flat corner before the start finish. Expect 2:30 minute rides time.

***All riders are required to wear a full-face helmet for DH races**

**** Due to the extreme technical nature of the second day's downhill riders will be required to walk the course before being allowed to start the race**

Directions:

[469 Plattekill Mountain Rd, Plattekill Mountain, Roxbury, NY](#) – Google Maps and GPS will get you there.

Heading North on Rt 30: Left on Cold Spring Road. (0.4m) If you pass through Roxbury you missed your turn. Left on Upper Meeker Hollow Road. (0.8m) Left on Lower Meeker Hollow Road. (3.0m) Slight Left on Plattekill Rd. Continue to mountain.

Heading South on Rt 30: In town turn Right on Roxbury Stratton Falls Road/ Co Rd 41. Immediately stay left on Co Rd 41. (2.3m) Turns into Lower Meeker Hollow Road. (0.5m) Slight Left on Plattekill Rd. Continue to mountain.

Lodging:

CAMPING:

Teams are welcome to camp at Plattekill Mountain in the Parking lot. It will be \$15 per tent for the weekend. Bathrooms and fresh water will be available in the lodge.

HOTEL/MOTEL:

T-Bar Saloon & Restaurant
Roxbury, NY phone: 607-326-7500 web:
www.thetbarsaloon.com

The T Bar, as the locals call it, is located in the beautiful Catskill Mountains. We offer overnight accommodations as well as extensive menu and bar selections. We serve lunch starting at 11:30 am and dinner 7 days a week.

Rates- \$50 - \$60
Distance: 4 miles

The Colonial Motel
37283 State Highway 23, Grand Gorge, NY 12430
phone: 607-588-6122 web:
www.colonialmotel.biz email:
diane@colonialmotel.biz

6 bed & breakfast “type” rooms and 8 “motel” type rooms, some with kitchenettes. WiFi/80 channel cable with HBO/microwaves/fridges. Coffee and Tea in-room. Data port in lobby. Seasonal pool. Pets allowed on a limited basis for nominal fee.

Rates- \$75 - \$99
Distance: 8 miles

For more suggestions check out <http://plattekill.com/lodging>

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