



Army Spring Classic

Stony Point and West Point, NY
April 16-17, 2016
 Held under USAC Cycling Event Permit



Schedule of Events

| Saturday, April 16th | | | | | | Sunday, April 17th | | |
|--------------------------|-----------|----------|--------------------|---------|----------|------------------------|---------|----------|
| Harriman Team Time Trial | | | Harriman Road Race | | | Shea Stadium Criterium | | |
| Field | Start | Distance | Field | Start | Distance | Field | Start | Distance |
| Men C | 8:00am | 7 miles | Men D | 9:30am | 28 miles | Men D | 8:00am | 30 min |
| Men D | to follow | 7 miles | Men E | 9:35am | 28 miles | Men C | 8:35am | 40 min |
| Men E | to follow | 7 miles | Women D | 9:38am | 28 miles | Women C | 9:20am | 40 min |
| Women C | to follow | 7 miles | Men C | 11:45am | 42 miles | Beginners Clinic * | 10:00am | N/A |
| Women D | to follow | 7 miles | Women 3/4 | 11:48am | 42 miles | Men E | 11:00am | 30 min |
| 5 minute break | | | Women C | 11:51am | 42 miles | Women D | 11:35am | 30 min |
| Men A | to follow | 7 miles | Men A | 2:30pm | 70 miles | Men B | 12:10pm | 50 min |
| Men B | to follow | 7 miles | Men B | 2:34pm | 56 miles | Women A/B | 1:05pm | 50 min |
| Women A | to follow | 7 miles | Men 4/5 | 2:38pm | 42 miles | Men A | 2:00pm | 60 min |
| Women B | to follow | 7 miles | Women A/B | 2:41pm | 56 miles | | | |

* Beginners Clinic will take approximately 1 hour. In addition to collegiate cyclists, new non-collegiate racers may enter Beginners Clinic and Men's E/Women's D race respectively. Cost of clinic includes 1-day license and entry into Men E/Women D race.

Contact Info: Elizabeth Psiaki, 607-227-5431, Elizabeth.Psiaki@usma.edu

Collegiate fields are open only to full time collegiate students with valid USAC Collegiate licenses and full time high school students with valid USAC Junior licenses. Jerseys and bibs for all such riders must feature school names and/or logo, or be generic blank kits; non-scholastic club and trade team kits are not permitted. USA Cycling licenses available for sale on-site. Consult the ECCC website at <http://collegiatecycling.org/eccc> for more information on categories, eligibility, licensing, and other general questions.

Registration Fees: Team Time Trial - \$25/team; Criterium - \$20; ECCC Road Race - \$25; USAC Road Race - \$40; Beginners Clinic - \$20.

USAC Road Race Prizes: Men 4/5 & Women 3/4 - medals & merch/3 places. Winner of each race will receive an Army Cycling jersey.

Pre-Registration is available on-line at BikeReg.com, where service charges might apply. Registrations not received before 5pm on April 14th will incur a \$5 per rider per event late fee. Large ECCC Teams may submit a spreadsheet with the following information: Rider Name, USAC License Number, Race Category and Races being entered for each rider. This spreadsheet must be sent to eccc.road@gmail.com and received by April 14th at 5pm in order to avoid a \$5 late registration fee per rider per event.

Registration is located near finish line for all races. It opens 1 hour before the start of the first scheduled race and ends 15 minutes before the start of each race.

Promoter is not required to refund pre-registration in an event of an unforeseen cancellation.

Medical: A stand-by ambulance will be present for the road race/TTT, and EMT will be on site for the Criterium. The nearest hospital is St. Luke's Cornwall Hospital. Phone number is: 845-534-7711. Address is: 19 Laurel Ave Cornwall, NY 12518.

ECCC Host Housing: Sign up as a host housing guest or provider via forms on the calendar at <http://collegiatecycling.org/eccc/calendar>. Contact the host housing coordinator at ECCC.Host.Housing@gmail.com with any questions. All host housing recipients are required to marshal during the weekend's races.

Directions to TTT & Road Race (Note: The easiest way to get to the Road Race parking lot is Exit 16, Lake Welch Exit of the Palisades Interstate Parkway) GPS/Google Address - Lake Welch Beach, 800 Kanawauke Rd, Stony Point, NY)

- **From the North (on Route 9W South):** Route 9W South past all the West Point exits, through the town of Fort Montgomery, and exit right after crossing a bridge onto Route 6/Palisades Parkway. It will be a two lane exit to the right just after getting over the cement bridge. If you missed this, then you came to a traffic circle! Not to worry, you can take the first right turn out of the circle to get on the Palisades as well. Once on the Palisades Parkway, continue to Exit 16, Lake Welch. DO NOT exit the Palisades before Exit 16, or you'll head West on Route 6! This would be bad. Exit 16 will take you directly to the parking lot for the road race. This is where you'll find the Saturday AM final registration.
- **From the South:** From the South follow directions to Route 6 East. Once on Route 6 East, recall that you'll travel about 3 miles uphill until the two lanes merge into one. Shortly thereafter, instead of bearing right for Route 293 and West Point, continue on

Route 6 East. After about 4 miles on Route 6 East (mostly downhill), you'll come to a traffic circle. Exit the traffic circle to the right onto the Palisades Parkway South . Once you are established on the Palisades Parkway heading south, continue to Exit 16, Lake Welch. Exit 16 will take you directly to the parking lot for the road race. This is where you'll find the Saturday AM final registration. Please drive safely and obey all posted speed limits.

Directions to Criterium (GPS/Google Address - Shea Stadium, Townsley Rd, West Point, NY)

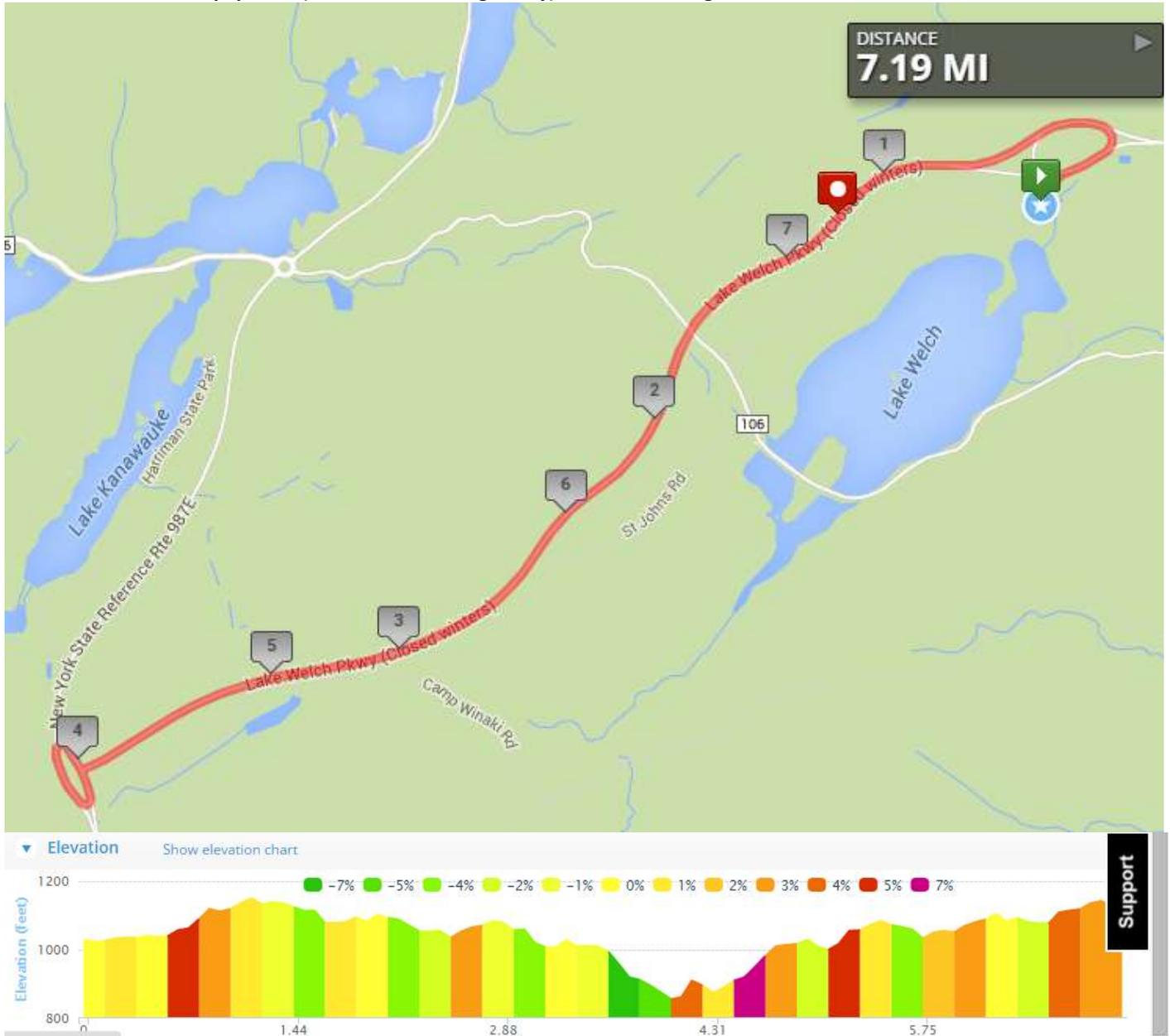
IMPORTANT Note: Everyone MUST have your ID present to get onto the West Point Campus. All vehicles will be inspected prior to entering the campus.

- **From the North:** I-87 south to I-84 east. Exit off I-84 West to Route 9W south at Newburgh, NY. follow Route 9W South through Newburgh and over Storm King Mountain. After coming down the south side of the mountain, you will be faced with 3 right side exits for West Point. The 1st exit appears immediately after you finish the steep descent over the mountain and is for West Point and Route 293/218 north. You must continue on and exit for Stony Lonesome gate to get on post. Follow signs to bike race and Shea Stadium for Hill ITT.
- **From the South** (on I-287 / I-87 North): Exit off I-87 North (NY Thruway) to Route 6 East before the main stream toll booths. You'll pass through your own toll booths after exiting, so don't be alarmed that it appears as though you are bypassing the main toll booths on the highway. After the toll booth, get in the right lane to exit the freeway. At the traffic light, turn left and proceed on Highway 17 for two more lights. Make the next left onto Route 6 East. You'll see West Point signs along the way also. Once on Route 6 East, you'll travel about 3 miles uphill until the two lanes merge into one. Shortly thereafter, you'll bear left off of Route 6 East for Route 293 (look for the West Point sign - this is easy to miss). Proceed on Route 293 continuing past Camp Buckner (with a flashing yellow light) to 9W. Take 9 W South to the next exit & follow signs to Stony Gate entrance. Follow signs to bike race & Shea Stadium for Hill ITT.

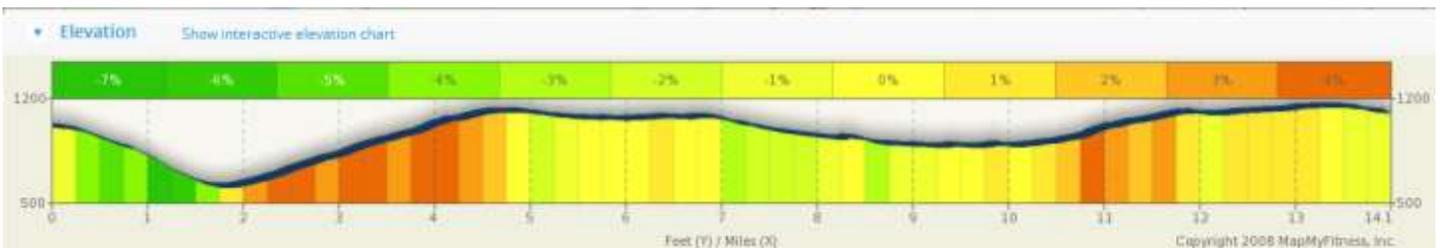
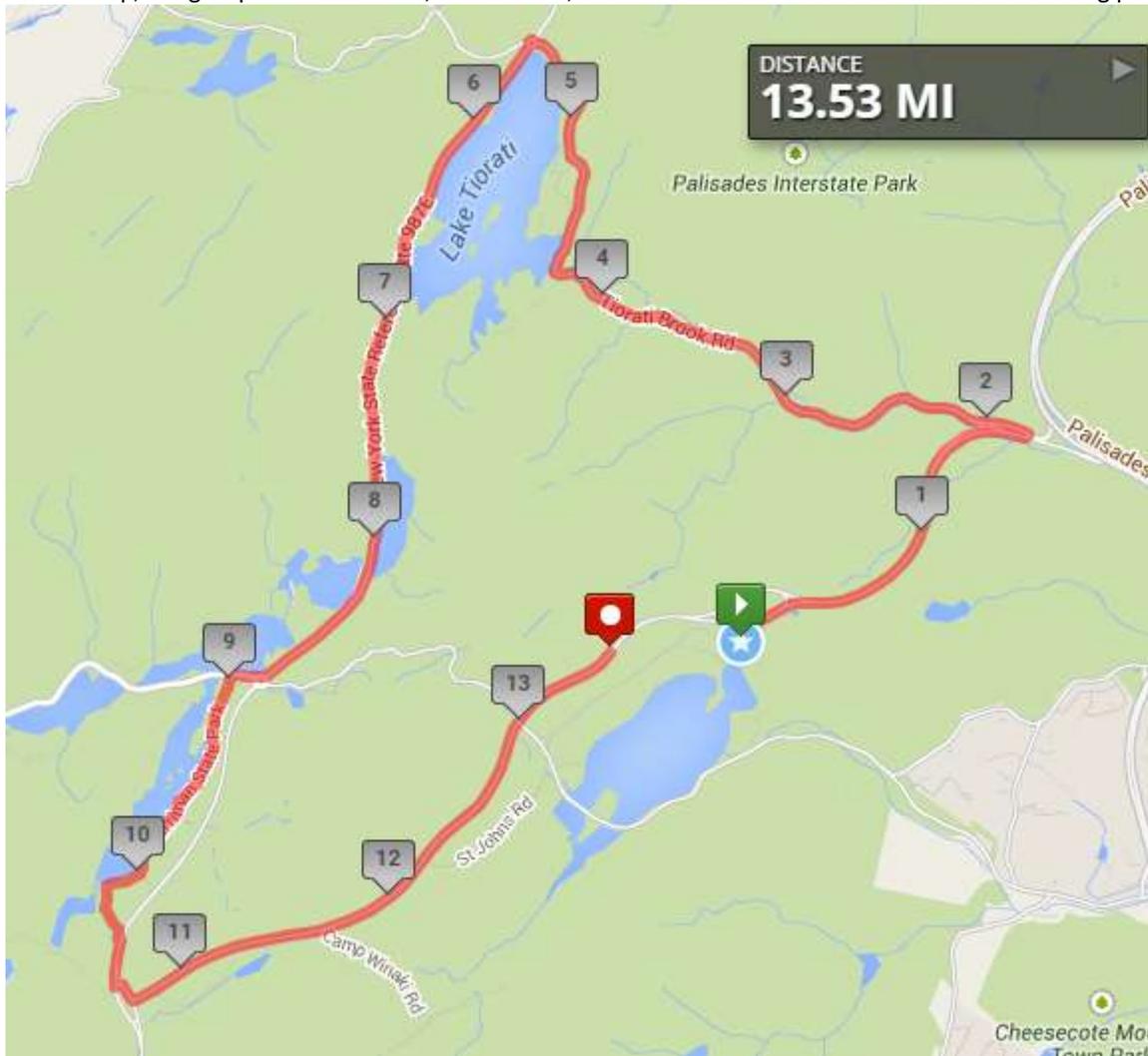
Lodging: Nearby hotels and motels that are available close to the race venue are the following:

- [Fair Bridge Inn & Suites](#), 17 Main St, Highland Falls, NY, 845-446-9400
- [West Point Motel](#), 156 Main Street, Highland Falls, NY, 845-446-4180
- [Americas Best Value Inn](#), 139 Route 32, Central Valley, NY, 845-928-2266
- [Econo Lodge](#), 310 Windsor Highway, New Windsor, NY, 845-561-6620
- [Days Inn](#), 915 Union Ave, Newburgh, NY, 845-564-7550
- [Super 8](#), 1287 Route 300, Newburgh, NY, 845-564-5700

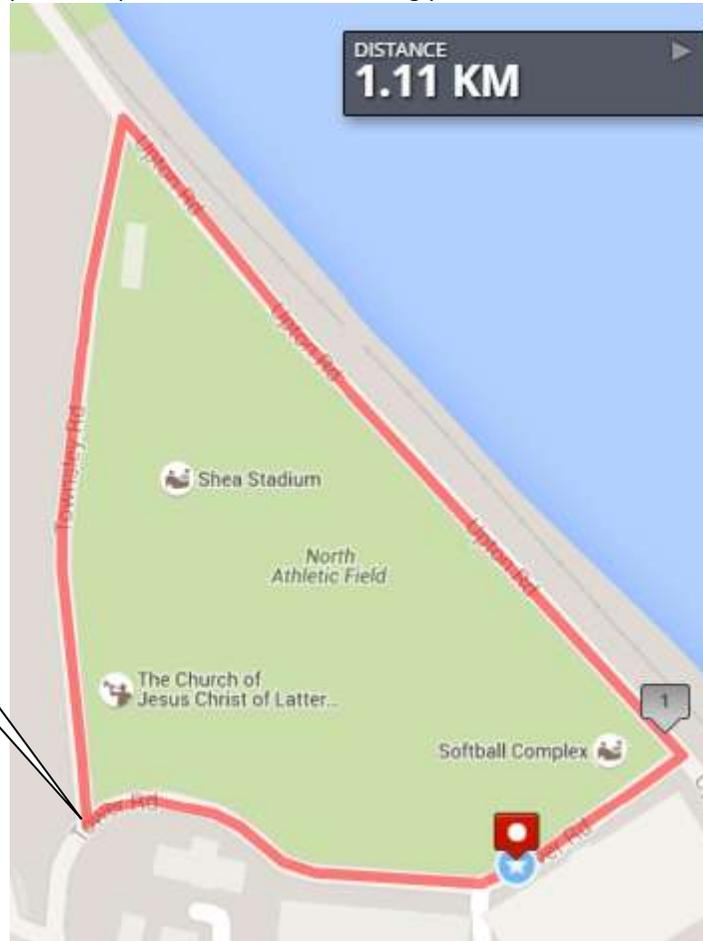
TTT Race Course Description and Map: The TTT is simply and out and back course. Racers will go left out of the staging area (Lake Welch Parking Lot) and continue down the road until they come to a circular intersection (a roundabout), and then return along the same route. **No aero equipment (USAC mass start legal only) allowed in collegiate races.**



Road Race Course Description & Map: The Road Race is the same course as last year's course. 14 mile loop with 2 climbs. Yellow line rule will be strictly enforced in this race. Any violations for any reason may subject the entire field to disqualification. The finish line is adjacent to the feed zone; approximately 1 kilometer before the entrance to Lake Welch. **Note for Intro Riders:** Your coached portion of your event will be going the opposite direction of the race course starting at Lake Welch. Once all fields have passed by on their first lap, the groups will reconvene, turn around, and head back towards Lake Welch for the racing portion of your program.



Criterion Course Description & Map: Right along the Hudson River, the course will run counter clockwise around the field and track at Shea Stadium. It will be entirely closed to traffic. Each lap is approximately 1 kilometer with racing visible to spectators for most of the lap. There are many great spectator spots on this course, so bring your cow-bells.



Staging and
Race Start