UNH / RIT CYCLING Presents:

ECCC Conference Championships Highland Bike Park October 8 & 9, 2016











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SATURDAY, October 8th

STXC and ENDURO

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<u>STXC:</u> Similar to last year's popular course. A fast single track descent dumps riders onto some double track that is good for passing. A quick swooping uphill brings them right back to the start. Distance is slightly under a mile.

<u>Enduro:</u> A new event this year. Following some of the same trails found in the OverMountain enduro race. The race will consist of 3 stages, best overall time wins. Perfect for all levels of ability, one stage may have a slight climbing challenge to keep rowdy xc racers interested.

The Schedule

- 7:00AM Registration Opens at Highland Lodge
- 8:00AM Men's C STXC 20 min
- To follow Men's B STXC 25 min
- To follow Women's B STXC 20 min
- To follow Women's A STXC 25 min
- To follow Men's A STXC 35 min
- To follow Team Relay
- 9:00AM Enduro Practice Begins
- 10:30AM Registration closes for the day
- 12:30 PM Enduro Practice Ends
- 12:15 PM Enduro Riders Meeting @ Base Lodge
 - MANDANTORY MEETING FOR ALL ENDURO RACERS!
- 1:00PM Enduro Starts
 - o Riders can do stages in any order they want
- 4:00PM Enduro ends
- 4:30PM BBQ Banquet!

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SUNDAY, October 9th

XC and DH

XC: The classic XC course. Lap starts off with single-track that brings riders out to a fire road section followed by a section of technical downhill single-track. This leads into a fast and fun downhill section with rollers, berms, and bridges, which brings riders back through the Highland Mountain base area to the start/finish line. Approximately 3.5 Mile Lap

<u>DH:</u> Classic New England downhill course with many rocks and roots; same course that the ECCC has raced on for many years. Starts on the top of Hellion then cuts in and out of Maiden Voyage before finishing on the bottom of Hemlock.

** Riders will report back to the start immediately after their first run to do a second run if they choose. Only one run is necessary to score, however each rider may start and finish the course twice. The fastest time will count.

The Schedule:

- 7:00AM Registration Opens at Highland Lodge
- 8:30AM XC First Wave
 - o Men's C XC 2 laps
 - o Women's B XC 2 laps
- 9:00AM DH Practice Begins
- 10:00AM XC Second Wave
 - o Men's A XC 5 laps
 - o Men's B XC 4 laps
 - o Women's A XC 4 laps
- 11:00AM Registration closes for the day
- 1:00PM Downhill Begins
 - o Men's C, B, A, Women B, A

BBQ BANQUET:

Annual food banquet will be located in the Highland parking lot, starting at 5:15! \$8 gets you some burgers, dogs, and other treats to celebrate a season well done (once everyone has gone through, it's all you can eat). Fill up before the final day of racing!

The Cost:

• Cross Country: \$17

Short Track: \$17

Downhill: \$17

• Enduro: \$20

• Team Relay: \$20

• Lift Tickets: Available for purchase on sight at the Highland base lodge. \$34 for a Sunday DH lift pass. Two-day lift pass for Enduro/DH pricing available.

CHECKS ARE NOT ACCEPTED FOR LIFT TICKETS

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- \$5 Late fee is charged for day-of registration
- Pre-registration can be done on www.bikereg.com
- ALL Riders must sign park waiver and wear wristband
- ➤ All racers must hold an annual USA Cycling Collegiate license or purchase a one-day license for \$10 at the registration table
- ➤ <u>USAC Permit</u>: 2016-3120

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Directions and Hotels:

GPS Directions to Highland:

 Highland Mountain Bike Park: 75 Ski Hill Drive Northfield, NH 03276 http://highlandmountain.com/visit/directions

Lodging:

- http://highlandmountain.com/visit/eat-sleep
- Camping in the Highland Parking lot is free but there will be NO open fires, and NO alcoholic beverages.
 Highland will have security on staff during the ECCC weekend.
- Super 8 Tilton: 7 Tilton Road, Tilton NH, 03276
 - o 10 minutes from Highland, cost effective
- Hampton Inn & Suites: 195 Laconia Road, Tilton NH, 03276
 - o 13 minutes from Highland
- Holiday Inn Express and Suites Tilton Lake Region:
 75 Tilton Road, Tilton NH, 03276
 - o 10 Minutes from Highland

Hospitals:

- <u>Franklin Regional Hospital:</u> 15 Aiken Avenue Franklin, NH 03235 (603) 934-2060
- <u>Lakes Region General Hospital:</u> 80 Highland Street Laconia, NH 03246 (603) 524-3211

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