

# 201 ECCC Release Packet

**PLEASE PRINT LEGIBLY & SIGN ALL PAGES!**

USA CYCLING/UCI LICENSE NUMBER:

FIRST NAME:

LAST NAME:

SCHOOL:

ECCC CAT: MEN A:  MEN B:  MEN C:  MEN D:    
WOMEN A:  WOMEN B:  WOMEN C:  WOMEN D:

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: (\_\_\_\_) - \_\_\_\_ - \_\_\_\_ DOB: \_\_/\_\_/\_\_\_\_ EMAIL: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: (\_\_\_\_) - \_\_\_\_ - \_\_\_\_

# OF YEARS RACING: \_\_\_\_\_ # OF YEARS COLLEGIATE RACING: \_\_\_\_\_

YEAR IN SCHOOL: \_\_\_\_\_ GRADUATION YEAR: \_\_\_\_\_ DEGREE: UNDER:  GRAD:  DOC:

HOW MANY RACING DAYS DO YOU PLAN TO ATTEND THIS ECCC SEASON? (1 max) : \_\_\_\_\_

ASSIGNED BIB NUMBER: \_\_\_\_\_

# Code of Conduct

The undersigned recognizes and understands that participation in Eastern Collegiate Cycling Conference (ECCC) events is subject to the rules and policies of the ECCC and USA Cycling.

It is the goal of the ECCC to conduct and maintain a collegiate cycling community that is free of harassment and discrimination in an effort to promote an environment of respect that will be extended into the broader cycling community as well. The ECCC recognizes and affirms the equal humanity and identities of all people, without regard to their various characteristics, including but not limited to:

- Race;
- Ethnicity;
- Sex;
- Gender;
- Perceived gender identity;
- Sexual orientation;
- Religion;
- Or other immutable characteristics.

All people are welcome and are to be equally included in all ECCC events. All conference participants, including but not limited to racers, coaches, spectators, officials, and conference personnel, are expected and required to abide by this policy.

To encourage a healthy environment and community, the following behavior, actions, and items are specifically emphasized as prohibited at ECCC events and in the regular activities associated with conference participation, including travel and overnight stays as well as team meetings and training:

- Physical, sexual, or emotional abuse, including but not limited to:
  - Any non-consensual sexual contact or advance, or other inappropriate sexually oriented behavior, action, or language, whether directed at a person or group or in general conduct;
  - Any non-consensual physical contact or threatening language or behavior;
  - Hazing, bullying, harassment, or obscene language, gestures, or behavior.
- The use of illegal or forbidden drugs and alcohol, including but not limited to:
  - Consumption of alcohol by a participant under 21 years of age;
  - Providing alcohol, tobacco, or other substances to any participant under 21 years of age;
  - Abuse of alcohol in the presence of a participant under the age of eighteen (18);
  - Use of forbidden performance enhancing drugs and techniques.
- Improper, destructive, or dangerous behavior and items, including but not limited to:
  - Public urination and nudity;
  - Intentional damage to private or public property;
  - Firearms, fireworks, unauthorized or uncontrolled fires, and other safety hazards.

The undersigned understands and recognizes that while these prohibited behaviors, actions, and items are specifically emphasized here, this list is not exhaustive. More details and information are available in ECCC and USA Cycling policy documentation or from conference representatives.

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Participant Signature

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Date

---

Parent/Guardian Signature (if participant under 18 years of age)

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Date

Bib # \_\_\_\_\_

Category Entered \_\_\_\_\_

Event/Series Name \_\_\_\_\_

Event/Series Date(s) \_\_\_\_\_

Permit# \_\_\_\_\_



## Assumption of Risk, Release of Liability, Covenant Not to Sue and Indemnity Agreement

In consideration of USA Cycling (“USAC”) allowing me to participate in any USA Cycling sanctioned event or series and all activities related to or connected with any event or series, including travel to and from (collectively the “Event”), whether through the issuance of an annual or one-day membership, and whether as a rider, official, coach, mechanic, volunteer, spectator, or otherwise, I, for myself, my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree as follows:

**1. Assumption of Risk.** I am aware that cycling involves inherent risks, including but not limited to those associated with man-made and natural jumps; collision with pedestrians, vehicles, other participants, animals, and fixed or moving objects; imperfect course conditions; surface hazards, including pot holes; equipment failure; inadequate safety equipment; use of equipment or materials provided by the Event organizer and others; and weather conditions. I fully understand that participating in the Event is an extreme test of a person’s physical and mental limits and may involve the risk of serious injury or death, economic loss, property damage or loss that may result from my own actions, inactions or negligence, and also from the actions, inactions or **negligence of others**. I understand and voluntarily assume these risks.

**2. Release of Liability.** I hereby forever **release, waive, and discharge** USAC, USA Cycling Development Foundation and each of their respective officers, directors, agents, employees, volunteers, independent contractors, members, clubs, officials, event directors, local associations, and affiliates as well as the Union Cycliste Internationale (“UCI”), sponsors, organizers, property owners, law enforcement agencies, and public entities, that are connected with the Event, and each of their respective officers, agents, employees, and volunteers (collectively, “Releasees”) from **any and all claims that may arise out of or are related to my participation in the Event, including claims arising from the ordinary negligence of Releasees**.

**3. Covenant Not to Sue and Indemnity Agreement.** I will not make any claim against Releasees for injury, damage, death or any other loss arising from or related to my participation in the Event. I understand that if I attempt to sue Releasees in violation of this agreement, **Releasees may seek to recover all of their costs, including legal fees**. I agree to **indemnify, hold harmless, and defend** Releasees from and against any and all actions, causes of action, claims, charges, demands, losses, damages, costs, attorney’s fees, judgments, liens, indebtedness and liabilities of every kind and character, whether known or unknown, including foreseen or unforeseen bodily injury and personal injuries and property damage that may be sustained by me or any other person in any way connected to, related to, or arising out of my participation in the Event.

**4. Health.** I represent that I am in good health and proper physical condition to safely participate in the Event. I acknowledge that it is my sole responsibility to make such determination and that I am responsible for my own well-being at all times while participating in the Event. If I suffer any injury arising from the Event, I consent to the release of my name and medical information by any third party to Releasees and their insurance carriers.

**5. Rules; Regulations; Equipment.** I agree to be familiar with and abide by the rules and regulations established for an Event. I also agree that I am subject to, and shall abide by, the competitive rules, regulations, policies and Code of Conduct adopted by USAC as amended from time to time and published at [www.usacycling.org](http://www.usacycling.org). I agree to be familiar with the Event course. I agree to ride and participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment and any equipment provided for my use. I will wear a helmet that complies with USAC rules and regulations and I assume all responsibility for the selection of such a helmet.

**6. Anti-doping.** I acknowledge that UCI Anti-Doping Rules and U.S. Anti-Doping Agency (“USADA”) Protocol apply to me and that I must comply with those rules. I agree to submit to drug testing and understand that the use of methods or substances prohibited by the applicable anti-doping rules would make me subject to penalties up to disqualification and suspension. I agree to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the UCI and/or my national federation, if referred by USADA.

**7. Governing Law; Jurisdiction; Severability.** This agreement shall be governed by the laws of the State of Colorado without giving effect to any choice or conflict of law provision or rule (whether of the state of Colorado or any other jurisdiction). Any legal suit, action, or proceeding arising out of or relating to this agreement shall be instituted in courts of the State of Colorado located in Colorado Springs and El Paso County. If any provision of this agreement is invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other provision of this agreement or invalidate or render unenforceable any other provision in any other jurisdiction.

**I have carefully read the foregoing and fully understand its terms. I attest that I am 18 years of age or older (19 if in Alabama). I understand that I am giving up substantial rights, including my right to sue Releasees for injuries resulting from the inherent risks of cycling and the ordinary negligence of Releasees. I acknowledge that I am signing this agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability to the greatest extent permitted by law.**

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Contact Phone Number

### PARENTAL / LEGAL GUARDIAN CONSENT

I attest that I am the parent or legal guardian of the minor participant named above. I have carefully read the foregoing and agree to all of the terms.

\_\_\_\_\_  
Printed Name of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

Bib # \_\_\_\_\_

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Event/Series Name \_\_\_\_\_

Event/Series Date(s) \_\_\_\_\_

Permit# \_\_\_\_\_



### Assumption of Risk, Release of Liability, Covenant Not to Sue and Indemnity Agreement

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1. **Assumption of Risk.** I am aware that cycling involves inherent risks, including but not limited to those associated with man-made and natural jumps; collision with pedestrians, vehicles, other participants, animals, and fixed or moving objects; imperfect course conditions; surface hazards, including pot holes; equipment failure; inadequate safety equipment; use of equipment or materials provided by the Event organizer and others; and weather conditions. I fully understand that participating in the Event is an extreme test of a person's physical and mental limits and may involve the risk of serious injury or death, economic loss, property damage or loss that may result from my own actions, inactions or negligence, and also from the actions, inactions or negligence of others. I understand and voluntarily assume these risks.

2. **Release of Liability.** I hereby forever release, waive, and discharge USAC, USA Cycling Development Foundation and each of their respective officers, directors, agents, employees, volunteers, independent contractors, members, clubs, officials, event directors, local associations, and affiliates as well as the Union Cycliste Internationale ("UCI"), sponsors, organizers, property owners, law enforcement agencies, and public entities, that are connected with the Event, and each of their respective officers, agents, employees, and volunteers (collectively, "Releasees") from any and all claims that may arise out of or are related to my participation in the Event, including claims arising from the ordinary negligence of Releasees.

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4. **Health.** I represent that I am in good health and proper physical condition to safely participate in the Event. I acknowledge that it is my sole responsibility to make such determination and that I am responsible for my own well-being at all times while participating in the Event. If I suffer any injury arising from the Event, I consent to the release of my name and medical information by any third party to Releasees and their insurance carriers.

5. **Rules; Regulations; Equipment.** I agree to be familiar with and abide by the rules and regulations established for an Event. I also agree that I am subject to, and shall abide by, the competitive rules, regulations, policies and Code of Conduct adopted by USAC as amended from time to time and published at www.usacycling.org. I agree to be familiar with the Event course. I agree to ride and participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment and any equipment provided for my use. I will wear a helmet that complies with USAC rules and regulations and I assume all responsibility for the selection of such a helmet.

6. **Anti-doping.** I acknowledge that UCI Anti-Doping Rules and U.S. Anti-Doping Agency ("USADA") Protocol apply to me and that I must comply with those rules. I agree to submit to drug testing and understand that the use of methods or substances prohibited by the applicable anti-doping rules would make me subject to penalties up to disqualification and suspension. I agree to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the UCI and/or my national federation, if referred by USADA.

7. **Governing Law; Jurisdiction; Severability.** This agreement shall be governed by the laws of the State of Colorado without giving effect to any choice or conflict of law provision or rule (whether of the state of Colorado or any other jurisdiction). Any legal suit, action, or proceeding arising out of or relating to this agreement shall be instituted in courts of the State of Colorado located in Colorado Springs and El Paso County. If any provision of this agreement is invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other provision of this agreement or invalidate or render unenforceable any other provision in any other jurisdiction.

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\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Contact Phone Number

#### PARENTAL / LEGAL GUARDIAN CONSENT

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\_\_\_\_\_  
Printed Name of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

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Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

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Emergency Contact Phone Number

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Date

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\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Contact Phone Number

### PARENTAL / LEGAL GUARDIAN CONSENT

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\_\_\_\_\_  
Printed Name of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

# Release and Indemnity Agreement

## Middlebury College

Function: L'Enfer du Nord Bicycle Race

Location: McCardell Bicentennial Hall

### Assumption of Risk

I, \_\_\_\_\_, acknowledge that I a willing participant in all of the activities associated with the program named above, and that my participation is not required or compelled in any way by Middlebury College. I understand that participation in the activities carries with it certain inherent risks that may not be eliminated even when care is taken to avoid injury. The risks include but are not limited to those associated with man-made and natural jumps; collision with pedestrians, vehicles, other participants, animals, and fixed or moving objects; imperfect course conditions; surface hazards, including potholes; equipment failure; inadequate safety equipment; use of equipment or materials provided by the activity organizer and others; and weather conditions. The risks may vary from this list, but in any case range from minor injuries such as scrapes, scratches, bruises and sprains, to major injuries such as eye injuries or loss of sight, joint or back injuries, heart attack or concussion, and to catastrophic injuries including paralysis and/or death.

**I have read the previous paragraph and I know, understand, and appreciate these and other risks that are inherent in these activities and programs. I hereby assert that my participation is entirely voluntary, and that I knowingly assume all such risks. In addition, I agree that Middlebury College assumes no responsibility for my personal belongings for the duration of the program.**

**Release, Indemnification and Hold Harmless:** I also agree, for myself, my heirs and my personal representative(s) to release Middlebury College and its trustees, agents and employees, including student leaders of such activities, from any and all liability for damage to personal property, or for personal injury of any kind, including death, which may result from the inherent risks of my participation in the activity. I further waive any and all such claims, and agree to indemnify and hold Middlebury College and its trustees, agents, and employees, including student leaders of such activities, harmless from and against any and all claims that may be made against them as a result of injury to me or damage to my property.

### Severability

I also expressly agree that the foregoing waiver, release, and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law in the State of Vermont, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I have read this waiver and release of liability and assumption of risk and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend the agreement by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If you are under the age of 18:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Bib # \_\_\_\_\_

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In consideration of USA Cycling ("USAC") allowing me to participate in any USA Cycling sanctioned event or series and all activities related to or connected with any event or series, including travel to and from (collectively the "Event"), whether through the issuance of an annual or one-day membership, and whether as a rider, official, coach, mechanic, volunteer, spectator, or otherwise, I, for myself, my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree as follows:

**1. Assumption of Risk.** I am aware that cycling involves inherent risks, including but not limited to those associated with man-made and natural jumps; collision with pedestrians, vehicles, other participants, animals, and fixed or moving objects; imperfect course conditions; surface hazards, including pot holes; equipment failure; inadequate safety equipment; use of equipment or materials provided by the Event organizer and others; and weather conditions. I fully understand that participating in the Event is an extreme test of a person's physical and mental limits and may involve the risk of serious injury or death, economic loss, property damage or loss that may result from my own actions, inactions or negligence, and also from the actions, inactions or negligence of others. I understand and voluntarily assume these risks.

**2. Release of Liability.** I hereby forever release, waive, and discharge USAC, USA Cycling Development Foundation and each of their respective officers, directors, agents, employees, volunteers, independent contractors, members, clubs, officials, event directors, local associations, and affiliates as well as the Union Cycliste Internationale ("UCI"), sponsors, organizers, property owners, law enforcement agencies, and public entities, that are connected with the Event, and each of their respective officers, agents, employees, and volunteers (collectively, "Releasees") from any and all claims that may arise out of or are related to my participation in the Event, including claims arising from the ordinary negligence of Releasees.

**3. Covenant Not to Sue and Indemnity Agreement.** I will not make any claim against Releasees for injury, damage, death or any other loss arising from or related to my participation in the Event. I understand that if I attempt to sue Releasees in violation of this agreement, Releasees may seek to recover all of their costs, including legal fees. I agree to indemnify, hold harmless, and defend Releasees from and against any and all actions, causes of action, claims, charges, demands, losses, damages, costs, attorney's fees, judgments, liens, indebtedness and liabilities of every kind and character, whether known or unknown, including foreseen or unforeseen bodily injury and personal injuries and property damage that may be sustained by me or any other person in any way connected to, related to, or arising out of my participation in the Event.

**4. Health.** I represent that I am in good health and proper physical condition to safely participate in the Event. I acknowledge that it is my sole responsibility to make such determination and that I am responsible for my own well-being at all times while participating in the Event. If I suffer any injury arising from the Event, I consent to the release of my name and medical information by any third party to Releasees and their insurance carriers.

**5. Rules; Regulations; Equipment.** I agree to be familiar with and abide by the rules and regulations established for an Event. I also agree that I am subject to, and shall abide by, the competitive rules, regulations, policies and Code of Conduct adopted by USAC as amended from time to time and published at [www.usacycling.org](http://www.usacycling.org). I agree to be familiar with the Event course. I agree to ride and participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment and any equipment provided for my use. I will wear a helmet that complies with USAC rules and regulations and I assume all responsibility for the selection of such a helmet.

**6. Anti-doping.** I acknowledge that UCI Anti-Doping Rules and U.S. Anti-Doping Agency ("USADA") Protocol apply to me and that I must comply with those rules. I agree to submit to drug testing and understand that the use of methods or substances prohibited by the applicable anti-doping rules would make me subject to penalties up to disqualification and suspension. I agree to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the UCI and/or my national federation, if referred by USADA.

**7. Governing Law; Jurisdiction; Severability.** This agreement shall be governed by the laws of the State of Colorado without giving effect to any choice or conflict of law provision or rule (whether of the state of Colorado or any other jurisdiction). Any legal suit, action, or proceeding arising out of or relating to this agreement shall be instituted in courts of the State of Colorado located in Colorado Springs and El Paso County. If any provision of this agreement is invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other provision of this agreement or invalidate or render unenforceable any other provision in any other jurisdiction.

**I have carefully read the foregoing and fully understand its terms. I attest that I am 18 years of age or older (19 if in Alabama). I understand that I am giving up substantial rights, including my right to sue Releasees for injuries resulting from the inherent risks of cycling and the ordinary negligence of Releasees. I acknowledge that I am signing this agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability to the greatest extent permitted by law.**

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Contact Phone Number

### PARENTAL / LEGAL GUARDIAN CONSENT

I attest that I am the parent or legal guardian of the minor participant named above. I have carefully read the foregoing and agree to all of the terms.

\_\_\_\_\_  
Printed Name of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

Bib # \_\_\_\_\_

Category Entered \_\_\_\_\_

Event/Series Name \_\_\_\_\_

Event/Series Date(s) \_\_\_\_\_

Permit# \_\_\_\_\_



## Assumption of Risk, Release of Liability, Covenant Not to Sue and Indemnity Agreement

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**2. Release of Liability.** I hereby forever **release, waive, and discharge** USAC, USA Cycling Development Foundation and each of their respective officers, directors, agents, employees, volunteers, independent contractors, members, clubs, officials, event directors, local associations, and affiliates as well as the Union Cycliste Internationale ("UCI"), sponsors, organizers, property owners, law enforcement agencies, and public entities, that are connected with the Event, and each of their respective officers, agents, employees, and volunteers (collectively, "Releasees") from **any and all claims that may arise out of or are related to my participation in the Event, including claims arising from the ordinary negligence of Releasees.**

**3. Covenant Not to Sue and Indemnity Agreement.** I will not make any claim against Releasees for injury, damage, death or any other loss arising from or related to my participation in the Event. I understand that if I attempt to sue Releasees in violation of this agreement, **Releasees may seek to recover all of their costs, including legal fees.** I agree to **indemnify, hold harmless, and defend** Releasees from and against any and all actions, causes of action, claims, charges, demands, losses, damages, costs, attorney's fees, judgments, liens, indebtedness and liabilities of every kind and character, whether known or unknown, including foreseen or unforeseen bodily injury and personal injuries and property damage that may be sustained by me or any other person in any way connected to, related to, or arising out of my participation in the Event.

**4. Health.** I represent that I am in good health and proper physical condition to safely participate in the Event. I acknowledge that it is my sole responsibility to make such determination and that I am responsible for my own well-being at all times while participating in the Event. If I suffer any injury arising from the Event, I consent to the release of my name and medical information by any third party to Releasees and their insurance carriers.

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**I have carefully read the foregoing and fully understand its terms. I attest that I am 18 years of age or older (19 if in Alabama). I understand that I am giving up substantial rights, including my right to sue Releasees for injuries resulting from the inherent risks of cycling and the ordinary negligence of Releasees. I acknowledge that I am signing this agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability to the greatest extent permitted by law.**

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Contact Phone Number

### PARENTAL / LEGAL GUARDIAN CONSENT

I attest that I am the parent or legal guardian of the minor participant named above. I have carefully read the foregoing and agree to all of the terms.

\_\_\_\_\_  
Printed Name of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date