## SECCC SPRING CYCLING CLINICS INVITE ALL NEW ATHLETES TO LEARN TO RACE

## **Beginner Racing Program (BRP)**

Join the South Eastern Collegiate Cycling Conference (SECCC) each weekend for fantastic bicycle racing. The collegiate atmosphere is one that can be truly inviting to all levels and experience. Weekly crit/road racing courses taught by Coach Jackson: Project Hero Coach/Former Army West Point Cycling Team Director. What is BRP? The 2018 USA Cycling Beginning Racer Program (BRP) is designed for both Men Cat D/5 and Women Cat C/4 road cyclists. The objective is to educate new racers & improve cycling skills, leading to safer and more enjoyable racing. The BRP is broken down into five separate clinics, with each clinic holding a unique and progressive curriculum. Each clinic is comprised of three components; 1) Pre-Race on-bike instructional clinic; 2) mentored race (cost included); and 3) Post-race debrief. To receive the full two (2) points from a USA Cycling BRP clinic, the rider must complete and take part in all three (3) components of the BRP clinic.

What about Upgrade Points? BRP clinics count as two (2) upgrade points for each clinic for both Men Cat D/5 and Women Cat C/4 road cyclists. BRP is focused on developing skills and experience. All clinics free of charge, courtesy of the SECCC.

For more information about each event go to: http://collegiatecycling.org/seccc/



24-25 FEB Auburn University Auburn, AL

3-4 MAR Lindsey Wilson Columbia, KY

10-11 MAR Georgia Tech Atlanta, GA

24-25 MAR
Milligan College
Elizabethton, TN

7-8 APR
Appalachian State
Boone, NC

